

## SYLLABUS

<b>DATE OF LAST REVIEW:</b>	Fall 2019
<b>CIP CODE:</b>	19.0708
<b>SEMESTER:</b>	DEPARTMENTAL SYLLABUS
<b>COURSE TITLE:</b>	HEALTH, SAFETY AND NUTRITION IN EARLY CHILDHOOD
<b>COURSE NUMBER:</b>	ECED0150
<b>CREDIT HOURS:</b>	3
<b>INSTRUCTOR:</b>	DEPARTMENTAL SYLLABUS
<b>OFFICE LOCATION:</b>	DEPARTMENTAL SYLLABUS
<b>OFFICE HOURS:</b>	DEPARTMENTAL SYLLABUS
<b>TELEPHONE:</b>	DEPARTMENTAL SYLLABUS

**EMAIL:** KCKCC- *“issued email accounts are the official means for electronically communicating with our students.”*

**PREREQUISITES:** None

**REQUIRED TEXT AND MATERIALS:** Please check with the KCKCC bookstore, <http://www.kckccbookstore.com/> for the required texts for your particular class

**\*\*NOTE:** Purchase of the textbook is included in the course fees. Your e-textbook will be available on the first day of class in the Blackboard course management system. Please refer to the recording in the course for more information on your textbook options.

**COURSE DESCRIPTION:** The Health, Safety and Nutrition for Young Children course presents the basic health, nutrition and safety management practices for young children within the context of cultural, linguistic and ability diversity. Targeted information on establishing and maintaining a physically and psychologically safe and healthy learning environment appropriate for the needs of young children emphasizing Universal Design for Learning are included.

**METHOD OF INSTRUCTION:** A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, performances, and learning experiences outside the classroom. Methodology will

be selected to best meet student needs. Course delivery options include blended and online formats.

**OUTLINE:**

- I. Promoting Wellness Practices
- II. The Foundations of Nutrition
- III. Planning and Feeding Young Children
- IV. Promoting and Evaluating Child Health
- V. Special Health Care Needs
- VI. Child Abuse and Neglect
- VII. Managing Emergencies

**EXPECTED LEARNER OUTCOMES:**

1. Demonstrate knowledge of basic physical, mental health, nutritional, and safety needs that influence the growth and development.
2. Demonstrate skills implementing and evaluating research-based basic health, safety, and nutritional practices.
3. Identify a safe environment by identifying hazards and risks; conducting regular health and safety assessments consistent with regulations and quality standards; and taking corrective action when necessary.
4. Identify signs and symptoms and emergency treatment options of childhood diseases and those which might indicate physical, sexual and psychological abuse or neglect
5. Identify strategies supporting food preparation and mealtime a culturally responsive, developmentally appropriate learning experience for each child, including those of diverse abilities.
6. Plan culturally responsive, nutritionally sound meals and identify strategies of collaboration with families and health professionals in meeting children's individual health and nutritional needs.
7. Demonstrate understanding of CACFP guidelines, regulations and menu planning
8. Identify and describe screening and referral procedures to assess children's developmental and health status.

**ASSESSMENT OF LEARNER OUTCOMES:** Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation. **SPECIAL NOTES:** This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student's progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college's policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

**ADA COMPLIANCE STATEMENT:** Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the disabilities services office at (913) 288 -7664.

**STUDENT CODE OF CONDUCT AND THE STUDENT HANDBOOK:** All enrolled students at Kansas City Kansas Community College are subject to follow all rules, conditions, policies and procedures as described in both the Student Code of Conduct as well as the Student Handbook. All Students are expected to review both of these documents and to understand their responsibilities with regard to academic conduct and policies. The Student Code of Conduct and the Student Handbook can be found on the KCKCC website.

**KCKCC WEAPONS POLICY:** The Kansas City, Kansas Community College (KCKCCC) has a Prohibited Weapons Policy, Policy 5.12, applicable to all students, staff and guests of KCKCC. All weapons are generally prohibited on KCKCC property except as permitted under the limited circumstances described in the Weapons Policy and under Kansas law. Please refer to the KCKCC Weapons Policy at <http://www.kckcc.edu/explore-kckcc/campus/safety/conceal-carry> or your Student Handbook for more information. Anyone who witnesses a violation of the KCKCC Weapons Policy should contact Campus Police at: 913-288-7636. Violations of federal, state or local laws or KCKCC policies may result in discipline up to and including expulsion from the college, criminal charges and monetary fines for personal injuries and property damage.