

# Pre-Exercise Science

*Associate in Science*

**Program/CIP Code:** PRE.EXSC.AS/24.0101

**Credits Required:** 61

**Division:** Math, Science & Business Technology

**Contact:** [MSBT@kckcc.edu](mailto:MSBT@kckcc.edu)

Students interested in completing the bachelor's degree program in exercise science should follow this course of study. Two years of a general education programs and two years exercise science courses must be completed. Students should consult with the college where they plan to transfer at an early date in their college career. The Associate in Science Degree meets the Board of Regents Transfer and Articulation Agreement. A Student completing this program and transferring to a public university, therefore, "will be accepted as having satisfied the general education requirements of all Kansas public universities."

### Requirements for Admission to the program:

- No requirements for admission to the program.
- Contact program for program-specific advising.

### College Requirement

Course		Credit Hours
BLUE 0101	Freshman Seminar	1

### General Education Requirements

Course		Credit Hours
ENGL 0101	Composition I*	3
ENGL 0102	Composition II*	3
SPCH 0151 <b>OR</b> SPCH 0201	Public Speaking <b>OR</b> Interpersonal Communication	3
MATH 0105	College Algebra** or higher	3
	Humanities Elective (2 disciplines)	6
PSYC 0101	Psychology*	3
SOSC 0107	Sociology	3
BIOL 0141	Human Anatomy & Lab	4
CHEM 0111	College Chemistry I & Lab*	5
<b>Total Hours for General Education Requirements</b>		<b>33</b>

\*See course syllabus for prerequisite.

\*\*Math sequence is contingent upon previous high school mathematics background and transfer institution. Students should confer with an advisor to determine correct placement.

**Pre-Exercise Science Requirements\***

<b>Course</b>		<b>Credit Hours</b>
BIOL 0121	General Biology	5
BIOL 0145	Nutrition	3
BIOL 0271	Physiology	3
BIOL 0272	Physiology Lab	1
EXSC 0201	Introduction to Exercise Science	3
EXSC 0204	Sport and Exercise Psychology	3
EXSC 0205	Personal School Community Health	3
EXSC 0206	Lifetime Fitness	3
PSYC 0203	Human Development	3
<b>Total Hours for Pre-Exercise Science Requirements</b>		<b>27</b>
*See course syllabi for Pre-Exercise Science course prerequisites.		

<b>Total Hours for an Associate in Science in Pre-Exercise Science Degree</b>	<b>61</b>
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