

# COURSE SYLLABUS

<b>LAST REVIEW</b>	<b>Spring 2021</b>
<b>COURSE TITLE</b>	<b>Personality</b>
<b>COURSE NUMBER</b>	<b>PSYC 0204</b>
<b>DIVISION</b>	<b>Social &amp; Behavioral Sciences and Public Services</b>
<b>DEPARTMENT</b>	<b>Psychology</b>
<b>CIP CODE</b>	<b>24.0101</b>
<b>CREDIT HOURS</b>	<b>3</b>
<b>CONTACT HOURS/WEEK</b>	<b>Class: 3</b>
<b>PREREQUISITES</b>	<b>PSYC 0101</b>

**COURSE PLACEMENT** Students must meet the correct placement measure for this course. Information may be found at:  
<https://www.kckcc.edu/admissions/information/mandatory-evaluation-placement.html>

## COURSE DESCRIPTION

An examination of the main tenets, research methods and findings, and applications of major psychological theories of personality, the course provides information on how those theories are constructed, tested, and evaluated.

### General Education Learning Outcome

- Basic Skills for Communication
- Mathematics
- Humanities
- Natural and Physical Sciences
- Social and Behavioral Sciences

### Institutional Learning Outcomes

- Communication
- Computation and Financial Literacy
- Critical Reasoning
- Technology and Information Literacy
- Community and Civic Responsibility
- Personal and Interpersonal Skills

### TEXTBOOKS

<http://kckccbookstore.com/>

## **METHODS OF INSTRUCTION**

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom.

Methodology will be selected to best meet student needs.

## **COURSE OUTLINE:**

- I. Introduction: Evaluating Personality Theories
- II. The Psychoanalytic Approach: Sigmund Freud
- III. The Neopsychoanalytic Approach
  - A. Analytical Psychology: Carl Jung
  - B. Individual Psychology: Alfred Adler
  - C. Psychoanalytic Social Psychology: Karen Horney
- IV. More Recent Trends in Psychoanalytic Theory: Object Relations Theory
- V. Social Learning Theory: Albert Bandura
- VI. Dispositional Theories
  - A. Traits and Personology: Gordon Allport
  - B. Factor Analytic Theories
  - C. Biological Traits: Hans Eysenck
- VII. Humanistic Theories
  - A. Abraham Maslow
  - B. Carl Rogers
- VIII. Cognitive-Behavioral Theories
- IX. A Non-Western Approach: Zen Buddhism

## **COURSE OUTCOMES:**

1. The student will be able to describe the general nature of personality theory, and discuss its role in psychology.
2. The student will be able to identify the philosophical and scientific foundations of personality theory.
3. The student will be able to describe Sigmund Freud's psychoanalytic theory of personality.
4. The student will be able to summarize ideas of Carl Jung's analytical psychology.
5. The student will be able to report Alfred Adler's contribution to the study of personality.
6. The student will be able to describe Karen Horney's theory of personality, and compare and contrast it with Freud's theory.
7. The student will be able to report recent trends in psychoanalytic theory.
8. The student will be able to describe the social learning theory of Albert Bandura.
9. The student will be able to review characteristics of dispositional theories of personality, including factor analysis and the work of Gordon Allport and Hans Eysenck.
10. The student will be able to identify key elements of the humanistic theories of

11. The student will be able to describe cognitive-behavioral theories of personality.
12. The student will be able to summarize important ideas of Eastern approaches to personality.

### **ASSESSMENT OF COURSE LEARNING OUTCOMES**

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

### **COLLEGE POLICIES AND PROCEDURES**

*Student Handbook*

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

*College Catalog*

<https://www.kckcc.edu/academics/catalog/index.html>

*College Policies and Statements*

<https://www.kckcc.edu/about/policies-statements/index.html>

*Accessibility and Accommodations*

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.