

COURSE SYLLABUS

LAST REVIEW	Spring 2021
COURSE TITLE	Psychology
COURSE NUMBER	PSYC 0101
DIVISION	Social & Behavioral Sciences and Public Services
DEPARTMENT	Psychology
CIP CODE	24.0101
CREDIT HOURS	3
CONTACT HOURS/WEEK	Class: 3
PREREQUISITES	None

COURSE PLACEMENT Students must meet the correct placement measure for this course. Information may be found at:
<https://www.kckcc.edu/admissions/information/mandatory-evaluation-placement.html>

COURSE DESCRIPTION

This course is an introduction to the basic concepts, theories, and research findings in the evolving field of psychology. By learning to think psychologically, students gain insight into themselves and the dynamics of human thinking, behavior, and emotions.

KANSAS SYSTEMWIDE TRANSFER: PSY 1010

The learning outcomes and competencies detailed in this course outline or syllabus meet or exceed the learning outcomes and competencies specified by the Kansas Core Outcomes Groups project for this course as approved by the Kansas Board of Regents.

General Education Learning Outcome

- Basic Skills for Communication
- Mathematics
- Humanities
- Natural and Physical Sciences
- Social and Behavioral Sciences

Institutional Learning Outcomes

- Communication
- Computation and Financial Literacy
- Critical Reasoning
- Technology and Information Literacy
- Community and Civic Responsibility

☒ Personal and Interpersonal Skills

TEXTBOOKS

<http://kckccbbookstore.com/>

METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE

- I. Introducing Psychology
 - A. What is Psychology?
 - B. The Scientific Method
 - C. The Experimental Method
 - D. Descriptive Methods
- II. Biological Foundations of Behavior
 - A. The Neuron: The Basic Unit of Communication
 - B. The Nervous System and the Endocrine System: Communication Throughout the Body
 - C. Specialization in the Cerebral Hemispheres
- III. Sensation and Perception: Definitions
- IV. Consciousness and Its Variations
 - A. Sleep
 - B. Hypnosis
 - C. Meditation
 - D. Psychoactive drugs
- V. Learning
 - A. Classical Conditioning: Associating Stimuli
 - B. Operant Conditioning: Associating Behaviors and Consequences
 - C. Observational Learning: Imitating the Actions of Others
- VI. Memory
 - A. Short-Term Memory
 - B. Long-Term Memory
- VII. Intelligence
 - A. Measuring Intelligence: Principles of Test Construction
 - B. The Nature of Intelligence: Cross-Cultural Studies
- VIII. Motivation: Maslow's Hierarchy of Needs
- IX. Lifespan Development
 - A. Prenatal Development
 - B. Development During Infancy and Childhood
 1. Social and Personality Development

- 2. Gender-Role Development
 - 3. Cognitive Development
- C. Erikson's Psychosocial Theory of Lifespan Development
- X. Personality
 - A. The Psychoanalytic Perspective on Personality
 - B. The Humanistic Perspective on Personality
 - C. The Social Cognitive Perspective on Personality
 - D. The Trait Perspective on Personality
- XI. Social Psychology
 - A. Understanding Prejudice B. Conformity and Obedience
- XII. Health Psychology: Overview
- XIII. Psychological Disorders
 - A. Understanding Psychology Disorders
 - B. Mood Disorders
 - C. Schizophrenia
- XIV. Therapies
 - A. Psychotherapy and Biomedical Therapy
 - B. Psychoanalytic Therapy
 - C. Humanistic Therapy
 - D. Cognitive Therapies
 - E. Evaluating the Effectiveness of Psychotherapy

COURSE LEARNING OUTCOMES

Upon successful completion of this course, the student will:

1. Identify historical foundations and current trends in psychology.
2. Distinguish methods of research in psychology.
3. Identify the biological basis of behavior including physiology of the brain.
4. Distinguish principles and theories of learning and cognition.
5. Recognize theories and applications of motivation and emotion.
6. Demonstrate an understanding of human lifespan development.
7. Identify the major theories of personality.
8. Recognize categories of psychological disorders and treatments.
9. Recognize the major theories and findings in social psychology.

ASSESSMENT OF COURSE LEARNING OUTCOMES

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

COLLEGE POLICIES AND PROCEDURES

Student Handbook

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

College Catalog

<https://www.kckcc.edu/academics/catalog/index.html>

College Policies and Statements

<https://www.kckcc.edu/about/policies-statements/index.html>

Accessibility and Accommodations

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.