

# COURSE SYLLABUS

<b>LAST REVIEW</b>	Spring 2021
<b>COURSE TITLE</b>	Health Assessment
<b>COURSE NUMBER</b>	NURS 0193
<b>DIVISION</b>	Health Professions
<b>DEPARTMENT</b>	Nursing/Registered Nurse
<b>CIP CODE</b>	51.3801
<b>CREDIT HOURS</b>	3
<b>CONTACT HOURS/WEEK</b>	Class: 3
<b>PREREQUISITES</b>	BIOL 0143 and BIOL 0271 or BIOL 0271 and BIOL 0272
<b>COURSE PLACEMENT</b>	This course is part of a selective admission program. Students must be admitted to the Nursing/Registered Nurse program to enroll in this course.

## COURSE DESCRIPTION

This course provides an overview of assessment as part of effectively implementing the nursing process. Students have the opportunity to develop and apply the cognitive and psychomotor health assessment skills necessary to perform a systematic, holistic, and culturally competent health assessment for individuals across the lifespan. Introduction to the role of the professional nurse in identifying and communicating normal findings and common deviations from normal will also be discussed.

## PROGRAM ALIGNMENT

This course is part of a program aligned through the Kansas Board of Regents and Technical Education Authority. For more information, please visit:

[https://kansasregents.org/workforce\\_development/program-alignment](https://kansasregents.org/workforce_development/program-alignment)

## PROGRAM LEARNING OUTCOMES

1. Integrate caring behaviors in practicing the art and science of nursing within a diverse population.
2. Implement professional standards and scope of practice within legal, ethical, and regulatory frameworks.
3. Collaborate with clients and members of the inter-professional health care team to optimize client outcomes.
4. Formulate safe and effective clinical judgements guided by the nursing process, clinical reasoning, and evidence-based practice.
5. Provide leadership in the management of care to meet client needs using available resources and current technology.

6. Generate teaching and learning processes to promote and maintain health and to reduce risks for a global population.
7. Demonstrate effective communication methods to manage client needs and to interact with other health care team members.

## **TEXTBOOKS**

<http://kckccbookstore.com/>

## **METHODS OF INSTRUCTION**

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

## **COURSE OUTLINE**

- I. Health Assessment within the Nursing Process
  - A. Role of health assessment in the nursing process
  - B. Generalized vs focused assessment
  - C. Assessment Skills
    1. Interviewing
    2. Observing
    3. Inspection
    4. Palpation
    5. Percussion
    6. Auscultation
- II. Health History Across the Lifespan
  - A. Components of the health history
  - B. Factors affecting the health of culturally diverse individuals
    1. Functional level and activities of daily living
    2. Lifestyle choices (sleep, nutrition, etc)
    3. Developmental stage
    4. Cultural considerations
    5. Client-nurse partnership
- III. Assessment Across the Lifespan of Diverse Individuals
  - A. Special considerations
    1. Psychosocial
    2. Social
    3. Cultural
    4. Spiritual
    5. Ethnic

- B. General nursing systems assessment
    - 1. Integumentary system-Hair, Skin, Nails
    - 2. Head-Eyes, Ears, Nose, Mouth, Neck
    - 3. Thorax and Lungs
    - 4. Cardiovascular
    - 5. Abdominal
    - 6. Musculoskeletal
    - 7. Neurologic
    - 8. Breast
    - 9. Genitalia
  - C. Common deviations across the lifespan with diverse populations
- IV. Communication of Findings
- A. Written documentation of assessment and health history findings
  - B. Oral communication of assessment findings
  - C. Return demonstration
  - D. Client health history

### **COURSE LEARNING OUTCOMES**

Upon successful completion of this course, the student will:

- A. Students will safely perform caring, culturally competent, evidence-based health histories and assessments for individuals across the lifespan. (EPSLO 1, 4 & 5)
- B. Students will describe the role of health assessment as the initial step of the nursing process. (EPSLO 4)
- C. Students will be able to differentiate between normal health assessment findings and common deviations. (EPSLO 4)
- D. Students will demonstrate effective written and verbal communication when describing health assessment findings. (EPSLO 7)

### **ASSESSMENT OF COURSE LEARNING OUTCOMES**

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

## **COLLEGE POLICIES AND PROCEDURES**

*Student Handbook*

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

*College Catalog*

<https://www.kckcc.edu/academics/catalog/index.html>

*College Policies and Statements*

<https://www.kckcc.edu/about/policies-statements/index.html>

*Accessibility and Accommodations*

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.