

COURSE SYLLABUS

LAST REVIEW	Spring 2021
COURSE TITLE	Foundational Concepts
COURSE NUMBER	NURS 0132
DIVISION	Health Professions
DEPARTMENT	Nursing/Registered Nurse
CIP CODE	51.3801
CREDIT HOURS	4
CONTACT HOURS/WEEK	Class: 2 Clinical: 6
PREREQUISITES	NURS 0131
COURSE PLACEMENT	This course is part of a selective admission program. Students must be admitted to the Nursing/Registered Nurse program to enroll in this course.

COURSE DESCRIPTION

This course allows the student to apply the nursing process to meet basic health and safety needs of older adults in a variety of clinical settings. Emphasis is on health promotion, adult development, and wellness while providing culturally-appropriate care. Elements of teaching and learning principles for client education are also introduced.

PROGRAM ALIGNMENT

This course is part of a program aligned through the Kansas Board of Regents and Technical Education Authority. For more information, please visit:

https://kansasregents.org/workforce_development/program-alignment

PROGRAM LEARNING OUTCOMES

1. Integrate caring behaviors in practicing the art and science of nursing within a diverse population.
2. Implement professional standards and scope of practice within legal, ethical, and regulatory frameworks.
3. Collaborate with clients and members of the inter-professional health care team to optimize client outcomes.
4. Formulate safe and effective clinical judgements guided by the nursing process, clinical reasoning, and evidence-based practice.
5. Provide leadership in the management of care to meet client needs using available resources and current technology.
6. Generate teaching and learning processes to promote and maintain health and to reduce risks for a global population.

7. Demonstrate effective communication methods to manage client needs and to interact with other health care team members.

TEXTBOOKS

<http://kckccbookstore.com/>

METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE

- I. Cognition Concept Introduction and the Older Adult
 - A. Alzheimer's dementia
 - B. Delirium
- II. Elimination Concept Introduction and the Older Adult
 - Urinary tract infection
- III. Fluid and Electrolyte Concept Introduction and the Older Adult
 - A. Dehydration
 - B. Fluid overload
- IV. Health Promotion Concept Introduction and the Older Adult
 - A. Adult development
 - B. Cultural influences
 - C. Health teaching
 - D. Levels of prevention
 - E. Reduction of risk potential
 - F. Self-care
 1. Sleep hygiene
- V. Metabolism Partial Concept Introduction and the Older Adult
 - A. Osteoporosis
- VI. Sensory Perception Concept Introduction and the Older Adult
 - A. Cataracts
 - B. Glaucoma
- VII. Stress and Coping Concept Introduction and the Older Adult
 - A. Grief and loss
- VIII. Tissue Integrity Concept Introduction and the Older Adult

- A. Herpes zoster (shingles)
- B. Pressure Injury

COURSE LEARNING OUTCOMES

Upon successful completion of this course, the student will:

- A. Apply the nursing process to provide safe quality care to meet the basic health needs of older adults in a variety of settings. (EPSLO 4)
- B. Demonstrate caring client-centered professional behaviors within legal standards and ethical guidelines. (EPSLO 1 & 2)
- C. Apply knowledge of adult development to plan age-appropriate care for older adults. (EPSLO 1)
- D. Begin to use teaching and learning principles to promote health and maintain wellness using available resources. (EPSLO 2 & 6)
- E. Communicate effectively with clients and members of the nursing team. (EPSLO 3 & 7)

ASSESSMENT OF COURSE LEARNING OUTCOMES

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

COLLEGE POLICIES AND PROCEDURES

Student Handbook

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

College Catalog

<https://www.kckcc.edu/academics/catalog/index.html>

College Policies and Statements

<https://www.kckcc.edu/about/policies-statements/index.html>

Accessibility and Accommodations

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.