

COURSE SYLLABUS

LAST REVIEW	Spring 2021
COURSE TITLE	Mental Health Nursing
COURSE NUMBER	KSPN 0130
DIVISION	Health Professions
DEPARTMENT	Nursing/Practical Nurse
CIP CODE	51.3901
CREDIT HOURS	2
CONTACT HOURS/WEEK	Class: 2
PREREQUISITES	KSPN 0102 and KSPN 0104
COURSE PLACEMENT	This course is part of a selective admission program. Students must be admitted to the Nursing/Practical Nurse program to enroll in this course.

COURSE DESCRIPTION

This course explores basic concepts and trends in mental health nursing. Therapeutic modalities and client behavior management are discussed. Emphasis is placed on using the nursing process and meeting the basic human needs of the client with a mental health disorder.

PROGRAM ALIGNMENT

This course is part of a program aligned through the Kansas Board of Regents and Technical Education Authority. For more information, please visit:

https://kansasregents.org/workforce_development/program-alignment

PROGRAM LEARNING OUTCOMES

1. Relationship-centered care: provide nursing care that is relationship-centered, caring, culturally sensitive and based on the physiological, psychosocial and spiritual needs of clients with commonly occurring health alterations that have predictable outcomes.
2. Teamwork and Collaboration: collaborate with the client and members of the interprofessional health care team to promote continuity of client care and shared decision-making.
3. Evidence based practice: use current evidence as a basis for nursing practice.
4. Informatics: use information and client care technology to support the delivery of safe, quality client care.
5. Quality Improvement: participate in quality improvement activities assessing their effect on client outcomes.

6. Safety: provide an environment that is safe and reduces risk of harm for clients, self, and others.
7. Professionalism: demonstrate accountability for client care that incorporates legal and ethical principles, regulatory guidelines, and standards of nursing practice.
8. Leadership: use leadership skills that support the provision and coordination of client care.

TEXTBOOKS

<http://kckccbookstore.com/>

METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom.

Methodology will be selected to best meet student needs.

COURSE OUTLINE

- I. Explore the Concepts of Mental Health, Wellness and Illness
 - A. Foundations of Mental Health Nursing
 - B. Psychosocial Theories
 - C. Treatment Settings and Therapeutic Programs
 - D. Legal and Ethical Issues
- II. Investigate Therapeutic Modalities
 - A. Therapeutic Communication
 - B. Mental Health Assessment
 - C. Pharmacotherapeutics, Electrotherapy, and Psychotherapy
- III. Explore the Nursing Care of Clients with Common Mental Health Disorders
 - A. Anxiety Disorders
 - B. Schizophrenia
 - C. Mood Disorders
 - D. Personality Disorders
 - E. Eating Disorders
 - F. Somatic Symptom Illnesses
 - G. Child and Adolescent Disorders
 - H. Cognitive Disorders
- IV. Identify Nursing Care for Clients Experience Abuse, Neglect or chemical Dependency
 - A. Anger, Hostility and Aggression
 - B. Abuse and Violence

C. Substance Abuse

COURSE LEARNING OUTCOMES

Upon successful completion of this course, the student will:

- A. Describe how to perform a focused mental health assessment on clients with common mental health disorders. (EOPSLO #1)
- B. Develop a relationship-centered plan of care that incorporates current evidence and includes cultural, spiritual, and developmentally appropriate interventions for clients with common mental health disorders. (EOPSLO #1, 3)
- C. Describe the role of members of the health care team in regard to clients with common mental health disorders and their families. (EOPSLO #2)
- D. Apply a basic knowledge of psychopathology, pharmacology, and nutrition as it relates to clients with common mental health disorders. (EOPSLO #1, 3)
- E. Articulate verbal and nonverbal communication techniques that support the development of trust, respect, security, and therapeutic nurse-client relationships. (EOPSLO #1, 2)
- F. Describe how information technology is used to support mental status assessments, client and family education, and evidence-based practice in regard to the care of clients with common mental health disorders and their families. (EOPSLO #1, 3, 4)
- G. Describe the health education needs experienced by clients with common mental health disorders and their families. (EOPSLO #1, 6)
- H. Describe strategies that provide quality care in a safe environment for clients, self, and others. (EOPSLO #5, 6)
- I. Discuss how organizational and time management skills are used when providing care to clients with common mental health disorders. (EOPSLO #1, 4, 6)
- J. Describe the role of the practical nurse in maintaining accountability for the delivery of standard-based, ethical and legal care to clients with common mental health disorders and their families. (EOPSLO #7)

ASSESSMENT OF COURSE LEARNING OUTCOMES

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

COLLEGE POLICIES AND PROCEDURES

Student Handbook

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

College Catalog

<https://www.kckcc.edu/academics/catalog/index.html>

College Policies and Statements

<https://www.kckcc.edu/about/policies-statements/index.html>

Accessibility and Accommodations

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.