# **COURSE SYLLABUS**

LAST REVIEW Spring 2021

COURSE TITLE Care of Aging Adults

COURSE NUMBER KSPN 0128

**DIVISION** Health Professions

**DEPARTMENT** Nursing/Practical Nurse

**CIP CODE** 51.3901

**CREDIT HOURS** 2

**CONTACT HOURS/WEEK** Class: 2

PREREQUISITES KSPN 0102 and KSPN 0104

**COURSE PLACEMENT** This course is part of a selective admission program. Students

must be admitted to the Nursing/Practical Nurse program to

enroll in this course.

#### **COURSE DESCRIPTION**

This course is designed to explore issues related to aging adults. Course content addresses the impact of ageism, alterations in physiological and psychosocial functioning, and the role of the practical nurse in caring for older adult clients across a continuum of care.

## **PROGRAM ALIGNMENT**

This course is part of a program aligned through the Kansas Board of Regents and Technical Education Authority. For more information, please visit: https://kansasregents.org/workforce\_development/program-alignment

## PROGRAM LEARNING OUTCOMES

- A. Relationship-centered care: provide nursing care that is relationship-centered, caring, culturally sensitive and based on the physiological, psychosocial and spiritual needs of clients with commonly occurring health alterations that have predictable outcomes.
- B. Teamwork and Collaboration: collaborate with the client and members of the interprofessional health care team to promote continuity of client care and shared decision-making.
- C. Evidence based practice: use current evidence as a basis for nursing practice.
- D. Informatics: use information and client care technology to support the delivery of safe, quality client care.
- E. Quality Improvement: participate in quality improvement activities assessing their effect on client outcomes.

- F. Safety: provide an environment that is safe and reduces risk of harm for clients, self, and others.
- G. Professionalism: demonstrate accountability for client care that incorporates legal and ethical principles, regulatory guidelines, and standards of nursing practice.
- H. Leadership: use leadership skills that support the provision and coordination of client care.

#### **TEXTBOOKS**

http://kckccbookstore.com/

## METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

## **COURSE OUTLINE**

- I. Ageism
- II. Alterations in Physiological Functioning Associated with the Aging Process
- III. Psych-social, Spiritual and Cultural Considerations
- IV. End-of-Life and Palliative Care
- V. Restorative and Rehabilitative Care
- VI. Role of the Practical Nursing Across the Continuum of Care for Aging Adults
- VII. Health Promotion and Disease Prevention
- VIII. Legal and Ethical Issues
- IX. Health Assessment

#### **COURSE LEARNING OUTCOMES**

- A. Examine the impact of ageism on client demographics, economic status, family dynamics, and health care needs. (EOPSLO #1, 4, 7)
- B. Identify psycho-social, spiritual and cultural considerations related to the care of aging adults. (EOPSLO #1)
- C. Identify anticipated alterations of physiological functioning in aging adults. (EOPSLO #1, 6)
- D. Discuss focused nursing assessment unique to aging adults including functional, environmental, risk, and setting specific assessments. (EOPSLO #1, 6)
- E. Explore health promotion and disease prevention for aging adults. (EOPSLO #1,6)
- F. Differentiate between restorative and rehabilitative care. (EOPSLO #1)
- G. Differentiate among varying types of end-of-life and palliative care and the nurse's role in their provision. (EOPSLO #1, 7)

- H. Explore the role of the practical nurse in caring for aging adults in a variety of care settings. (EOPSLO #1, 6)
- I. Explore legal and ethical considerations in caring for aging adults. (EOPSLO #7)

# ASSESSMENT OF COURSE LEARNING OUTCOMES

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

# **COLLEGE POLICIES AND PROCEDURES**

Student Handbook

https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf

College Catalog

https://www.kckcc.edu/academics/catalog/index.html

College Policies and Statements

https://www.kckcc.edu/about/policies-statements/index.html

Accessibility and Accommodations

https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html.