

COURSE SYLLABUS

LAST REVIEW	Spring 2021
COURSE TITLE	Nursing Care of Adults I
COURSE NUMBER	KSPN 0107
DIVISION	Health Professions
DEPARTMENT	Nursing/Practical Nurse
CIP CODE	51.3901
CREDIT HOURS	5
CONTACT HOURS/WEEK	Class: 4.5 Lab: 0.5
PREREQUISITES	KSPN 0102 and 0104
COREQUISITES	KSPN 0108
COURSE PLACEMENT	This course is part of a selective admission program. Students must be admitted to the Nursing/Practical Nurse program to enroll in this course.

COURSE DESCRIPTION

This course focuses on the care of adult clients experiencing common medical/surgical health alterations with predictable outcomes. Emphasis is placed on the care of clients with alterations in cardiac output and tissue perfusion, oxygenation, regulation and metabolism, and integument. Principles of pre-and post-operative care and IV therapy are also addressed.

PROGRAM ALIGNMENT

This course is part of a program aligned through the Kansas Board of Regents and Technical Education Authority. For more information, please visit:

https://kansasregents.org/workforce_development/program-alignment

PROGRAM LEARNING OUTCOMES

1. Relationship-centered care: provide nursing care that is relationship-centered, caring, culturally sensitive and based on the physiological, psychosocial and spiritual needs of clients with commonly occurring health alterations that have predictable outcomes.
2. Teamwork and Collaboration: collaborate with the client and members of the interprofessional health care team to promote continuity of client care and shared decision-making.
3. Evidence based practice: use current evidence as a basis for nursing practice.
4. Informatics: use information and client care technology to support the delivery of safe, quality client care.

5. Quality Improvement: participate in quality improvement activities assessing their effect on client outcomes.
6. Safety: provide an environment that is safe and reduces risk of harm for clients, self, and others.
7. Professionalism: demonstrate accountability for client care that incorporates legal and ethical principles, regulatory guidelines, and standards of nursing practice.
8. Leadership: use leadership skills that support the provision and coordination of client care.

TEXTBOOKS

<http://kckccbookstore.com/>

METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE

- I. Alterations in Fluid and Electrolytes
- II. Alterations in Oxygenation
- III. Alterations in Cardiac Output and Tissue Perfusion
- IV. Alterations in Regulation and Metabolism
- V. Alterations in Integument
- VI. Pre- and Post-operative Care
- VII. Intermediate/Advanced Nursing Skills
- VIII. Intravenous Therapy (including lab)
 - A. Definition and Scope of Practice
 - B. Age Related Considerations

COURSE LEARNING OUTCOMES

Upon successful completion of this course, the student will:

- A. Describe how to perform a focused assessment on adult clients with common alterations in health related to selected body systems. (EPSLO #1)
- B. Develop a relationship-centered plan of care that incorporates current evidence and includes cultural, spiritual, and developmentally appropriate interventions for clients with commonly occurring health alterations that have predictable outcomes. (EPSLO#1, 3)
- C. Describe the role of members of the health care team in regard to caring for clients with commonly occurring health alterations that have predictable outcomes. (EPSLO #1, 2, 5, 6)

- D. Apply a basic level of knowledge of pathophysiology, pharmacology, and nutrition as it relates to adult clients with commonly occurring health alterations that have predictable outcomes. (EPSLO #1, 3)
- E. Articulate verbal and nonverbal communication strategies that are used to promote caring, therapeutic relationships with clients and their families. (EPSLO #1, 2)
- F. Describe how information technology is used to communicate with members of the health care team by accurately documenting client care in a secure and timely manner. (EPSLO #2, 3, 4)
- G. Describe the health education needs experienced by clients with commonly occurring health alterations that have predictable outcomes. (EPSLO #1, 6)
- H. Describe strategies that provide quality care in a safe environment for clients, self, and others. (EPSLO #5, 6)
- I. Discuss how organizational and time management skills are used when providing care to adult clients. (EPSLO #8)
- J. Describe the role of the practical nurse in maintaining personal and professional accountability for the delivery of standard-based, ethical and legal care to clients. (EPSLO #7)

ASSESSMENT OF COURSE LEARNING OUTCOMES

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

COLLEGE POLICIES AND PROCEDURES

Student Handbook

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

College Catalog

<https://www.kckcc.edu/academics/catalog/index.html>

College Policies and Statements

<https://www.kckcc.edu/about/policies-statements/index.html>

Accessibility and Accommodations

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>