

COURSE SYLLABUS

LAST REVIEW	Spring 2021
COURSE TITLE	Foundations of Nursing
COURSE NUMBER	KSPN 0102
DIVISION	Health Professions
DEPARTMENT	Nursing/Practical Nurse
CIP CODE	51.3901
CREDIT HOURS	4
CONTACT HOURS/WEEK	Class: 3.5 Lab: 1
PREREQUISITES	None
COREQUISITES	KSPN 0104
COURSE PLACEMENT	This course is part of a selective admission program. Students must be admitted to the Nursing/Practical Nurse program to enroll in this course.

COURSE DESCRIPTION

This course provides an introduction to practical nursing and roles of the practical nurse as well as profession- and client-related care concepts. Emphasis is placed on the knowledge and skills needed to provide safe, quality care. The theoretical foundation for basic data collection and nursing skills are presented and an introduction to the nursing process provides the student with a framework for decision making.

PROGRAM ALIGNMENT

This course is part of a program aligned through the Kansas Board of Regents and Technical Education Authority. For more information, please visit:

https://kansasregents.org/workforce_development/program-alignment

PROGRAM LEARNING OUTCOMES

1. Relationship-centered care: provide nursing care that is relationship-centered, caring, culturally sensitive and based on the physiological, psychosocial and spiritual needs of clients with commonly occurring health alterations that have predictable outcomes.
2. Teamwork and Collaboration: collaborate with the client and members of the interprofessional health care team to promote continuity of client care and shared decision-making.
3. Evidence based practice: use current evidence as a basis for nursing practice.
4. Informatics: use information and client care technology to support the delivery of safe, quality client care.

5. Quality Improvement: participate in quality improvement activities assessing their effect on client outcomes.
6. Safety: provide an environment that is safe and reduces risk of harm for clients, self, and others.
7. Professionalism: demonstrate accountability for client care that incorporates legal and ethical principles, regulatory guidelines, and standards of nursing practice.
8. Leadership: use leadership skills that support the provision and coordination of client care.

TEXTBOOKS

<http://kckccbookstore.com/>

METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE

- I. Nursing Role and Scope of Practice
- II. Spectrum of Healthcare
- III. Profession Related Concepts
 - A. Relationship-Centered Care
 - B. Teamwork and Collaboration
 - C. Evidence-based Practice
 - D. Quality Improvement
 - E. Safety
 - F. Informatics
 - G. Client Education
 - H. Professionalism
 - I. Leadership
- IV. Client Related Concepts
 - A. Rest and Sleep
 - B. Sensory Perception
 - C. Documentation
 - D. Hygiene

- E. Activity and Exercise
- F. Infection Control
- G. Elimination
- H. Oxygenation
- I. Nutrition
- J. Comfort/Pain
- K. Body Mechanics and Ergonomics
- L. Nursing Process
- M. Focused Assessment

COURSE LEARNING OUTCOMES

Upon successful completion of this course, the student will:

- A. Discuss the history of nursing, the role of the practical nurse, and scope of practice related to established code of ethics, nurse practice acts, and professional registrations/certifications. (EPSLO #7)
- B. Review the spectrum of health care settings across which client care is provided. (EPSLO #1)
- C. Describe the relationship of profession-related concepts to client care: relationship-centered care, interprofessional collaboration, evidence-based practice, quality improvement, safety, informatics, client education, professionalism, and leadership. (EPSLO #1, 2, 3, 4, 5, 6, 7)
- D. Discuss concepts integral to the provision of safe, quality, relationship-centered care: nursing process, advocacy, cultural sensitivity, and communication. (EPSLO #1, 4,6)
- E. Identify the nurse's role in supporting a client's physiologic needs: rest and sleep, spirituality, sensory perception, hygiene, activity and exercise, infection control, elimination, nutrition, oxygenation and comfort. (EPSLO #1)
- F. Describe the various elements of the nursing process and its relationship to clinical decision-making. (EPSLO #1)
- G. Identify the nurse's role in data collection as an integral part of the nursing process. (EPSLO #1, 3)
- H. Describe basic data collection skills as they relate to a client's physiological, psychological, sociological, cultural, and spiritual dimensions using proper techniques and measures that ensure client safety. (EPSLO #1, 3)

ASSESSMENT OF COURSE LEARNING OUTCOMES

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

COLLEGE POLICIES AND PROCEDURES

Student Handbook

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

College Catalog

<https://www.kckcc.edu/academics/catalog/index.html>

College Policies and Statements

<https://www.kckcc.edu/about/policies-statements/index.html>

Accessibility and Accommodations

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.