SYLLABUS

DATE OF LAST REVIEW: 02/2013

CIP CODE: 24.0101

SEMESTER: Departmental Syllabus

COURSE TITLE: Human Sexuality

COURSE NUMBER: HUDV-0268

CREDIT HOURS: 3

INSTRUCTOR: Departmental Syllabus

OFFICE LOCATION: Departmental Syllabus

OFFICE HOURS: Departmental Syllabus

TELEPHONE: Departmental Syllabus

EMAIL:

KCKCC issued email accounts are the official means for electronically communicating with our

students.

PREREQUISITE(S): None

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION:

This course presents accurate information about human sexuality to help students develop understanding of their own and other's sexual expression and values. Topics include anatomy and physiology, sexuality across the life cycle, social/cultural influences, fertility issues, sexually transmitted diseases including AIDS, variations in orientation and expression, values and ethics, and current social issues.

METHOD OF INSTRUCTION: A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:

- I. Sex and Sexuality
 - A. Why Sex?
 - B. Know Thyself
 - C. Sex Past and Present
 - D. Family roles and Structure
 - E. Theories
 - F. Research
- II. Female Reproductive Anatomy and Physiology
 - A. Reproductive Structures
 - B. Accessory Structures
 - C. Menstruation and Hormonal Cycles
 - D. Breast Cancer
- III. Male Reproductive Anatomy and Physiology
 - A. Reproductive Structures
 - B. Accessory Structures
 - C. Testicular and Prostate Cancer
- IV. Sexual Response and Behavior
 - A. Stages of the Sexual Response Cycle
 - B. Communication
- V. Gender Identity an Gender Roles
 - A. Embryonic Development
 - B. Societal Expectations of Gender
 - C. Gender Conflicts
 - D. Evolving Gender Roles
- VI. Attraction and Love
 - A. Love vs. Lust
 - B. Physical Attractiveness
 - C. The Greek Heritage
 - D. Pheromones?
- VII. Relationships, Intimacy, and Communication
 - A. Romantic Relationships
 - B. Intimacy
 - C. Communication Skills
 - D. Chemical Influence on Sex and Sexuality
- VIII. Sexual Orientation
 - A. Terminology
 - B. Perspectives on Homosexual Orientation
 - C. Gay Males and Lesbian Sexual Behavior

- D. Gay Lifestyles
- E. Cultural biases
- F. Sexual Ambiguity

IX. Conception, Pregnancy, and Childbirth

- A. Fertilization and Implantation of Egg
- B. Development of Fetus
- C. Maternal Physical and Psychological Changes
- D. Stages of Labor
- E. Partuition
- F. Fertility Issues

X. Contraception and Abortion

- A. Methods of Contraception
- B. Methods of Abortion
- C. Controversies regarding Abortion and Contraception

XI. Sexuality Across the Life Span

- A. Infancy, Preschool, and School Age
- B. Adolescence and Young Adulthood
 - 1. libido
 - 2. family planning and pregnancy
- C. Middle-aged and Older Adults
- D. Sex Education

XII. Sexual Dysfunctions

- A. Inhibited Sexual Desire and Sexual Aversion
- B. Male Dysfunctions
- C. Female Dysfunctions
- D. Sex Therapy

XIII. Sexually Transmitted Diseases

- A. History, Background, and Incidence
- B. AIDS and Other Viruses
- C. Bacteria
- D. Other Types
- E. Prevention and Control

XIV. Atypical Sexual Variations

- A. Normal Versus Deviant Sexual Behavior
- B. The Paraphilias
- C. Theoretical Perspectives
- D. Treatment of Paraphilias

XV. Sexual Coercion

A. Harassment

- B. Rape
- C. Sexual Abuse
- D. Incest

XVI. Commercial Sex

- A. Prostitution
- B. Pornography
- C. Media Influence

XVII. Conclusion

- A. Sexual Well Being
- B. Sexual Responsibility
- C. Community Resources
- D. Course Evaluation

EXPECTED LEARNER OUTCOMES

- A. The student will be able to demonstrate a broad knowledge of human sexual anatomy and physiology including reproductive cycles.
- B. The student will be able to demonstrate a broad knowledge of biological, societal and cultural
 - influences on human sexuality.
- C. The student will be able to demonstrate a broad knowledge of sexual development, sexual dysfunctions, and STDs including but not limited to the biological factors involved in each.
- D. The student will be able to demonstrate a broad knowledge of cross-cultural differences and
 - sexual values and ethics within contemporary society.

COURSE COMPETENCIES:

The student will be able to demonstrate a broad knowledge of human sexual anatomy and physiology including reproductive cycles.

- 1. The student will be able to identify the differing theories on development of sexuality.
- 2. The student will be able to label the female reproductive structure and accessory structures on a diagram and identify the function for each.
- 3. The student will be able to compare the physical changes that occur during the menstrual cycle including hormonal cycles.
- 4. The student will be able to describe the procedure and frequency of self-examination for breast cancer.
- 5. The student will be able to label the male reproductive and accessory structures on a diagram and identify the function for each.
- 6. The student will be able to describe the procedure and frequency for testicular examination.
- 7. The student will be able to identify the tests for prostate cancer.

- 8. The student will be able to identify the physiological changes that occur in each phase of the sexual response cycle.
- 9. The student will be able to list the steps of fertilization of an egg and the implantation of the zygote, and fetal changes during development.
- 10. The student will be able to list the stages of labor.
- 11. The student will be able to identify issues of fertility.
- 12. The student will be able to list various methods of contraception and abortion.

The student will be able to demonstrate a broad knowledge of biological, societal and cultural influences on human sexuality.

- 13. The student will be able to relate the importance of communication in sexual relationships.
- 14. The student will be able to explain the stages of gender identity development.
- 15. The student will be able to define transsexualism.
- 16. The student will be able to describe how gender roles are evolving.
- 17. The student will be able to identify the need for good communication skills and how they contribute to a healthy relationship.
- 18. The student will be able to list cultural biases against homosexuals.
- 19. The student will be able to define sexual ambiguity.

The student will be able to demonstrate a broad knowledge of sexual development, sexual dysfunctions, and STDs, including, but not limited to the biological factors involved.

- 20. The student will be able to relate the importance of sex education in the development of responsible sexual behavior.
- 21 The student will be able to define inhibited sexual desire and sexual aversion.
- 22. The student will be able to identify sexual dysfunctions.
- 23. The student will be able to list and sources of transmission and treatment for HIV and AIDS.
- 24. The student will be able to identify the causative agents, prevention, and treatment of STDs.

The student will be able to demonstrate a broad knowledge of cross-cultural differences and sexual values and ethics within contemporary society.

- 25. The student will be able to identify the paraphilias.
- 26. The student will be able to define harassment and recognize laws protecting against harassment.
- 27. The student will be able to define rape.
- 28. The student will be able to list the steps to protect oneself against rape.
- 29. The student will be able to define sexual abuse, incest, prostitution, and pornography.
- 30 The student will be able to identify the role of sexual responsibility.
- 31. The student will be able to list community resources which are available for sex education and support.

ASSESSMENT OF LEARNER OUTCOMES:

Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.

SPECIAL NOTES:

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student's progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college's policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center, Room 3354 or call 913-288-7670.

All enrolled students at Kansas City Kansas Community College are subject to follow all rules, conditions, policies and procedures as described in both the Student Code of Conduct as well as the Student Handbook. All Students are expected to review both of these documents and to understand their responsibilities with regard to academic conduct and policies. The Student Code of Conduct and the Student Handbook can be found on the KCKCC website.

SOCIAL AND BEHAVIORAL SCIENCES STUDENT SUCCESS STRATEGIES

Know your teacher's name.

Turn off your electronic devices in class/make paying attention to the work of the class your only concern.

Miss class only when you cannot attend/acquire missed information and materials ASAP.

Know your syllabus.

Know the attendance policy.

Know the requirements for tests and assignments.

Know information about final exam and make-up exams.

Know instructor's position on use of Wikipedia or other online sources.

Know the instructor's preferred writing style (APA, MLA, etc.).

Always know your grade.

Contact your teacher ASAP with concerns or questions.

Know the benefits of the academic resource center.

Know if your course has a practicum, service learning component, or other exception.

Use an academic planner.

Know the course withdrawal policy.

Know your instructor's office hours and make appointments when necessary.

Know the school's scholastic honesty policy.

Be familiar with the course learning objectives, course competencies, and the college's 21st century learning outcomes for general education.

Learning Outcomes

Discipline knowledge and content mastery is expected of all graduates. More specifically, KCKCC is committed to the Learning Outcomes listed below. We believe that competence in the Learning Outcomes is essential for the success of graduates and will enhance their ability to become contributing members of our increasingly complex world. These areas of knowledge and skills are equally valid for all KCKCC graduates, whether they transfer to a four-year college or pursue a career after leaving college.

General Education Learning Outcomes

Communication Learning Outcomes

The learner will have the ability to express, interpret, and modify ideas/information effectively (both written and oral), including but not limited to reading text accurately and correctly; writing with a clear purpose and effective organization; speaking effectively using appropriate styles that suit the message, purpose, and content; and employing active listening techniques.

Computation Learning Outcomes

The learner will have the ability to understand and apply mathematical concepts and reasoning using numerical data.

Critical Reasoning Learning Outcomes

The learner will understand inductive and deductive reasoning and have the ability to define problems and use data (qualitative and quantitative) to make complex decisions utilizing analysis, synthesis, and evaluation skills.

Technology and Information Management Learning Outcomes

The learner will have the ability to define, collect, organize, analyze, and evaluate information from a variety of sources. The learner will also have the ability to understand basic technology concepts and functionality in order to use technology as a tool to locate and retrieve information.

Community and Civil Responsibility Learning Outcomes

The learner will demonstrate knowledge, awareness, and understanding of diverse ideas, values, and perspectives of a culturally diverse world; an understanding of the ethical issues and values that are prerequisites for making sound judgments and decisions; a recognition of the obligation to become actively involved as a contributing member of the community; and a sensitivity to the awareness of aesthetic expression.

Personal and interpersonal Skills Learning Outcomes

The learner will have the ability to work cooperatively and productively with others; to understand and evaluate his/her capabilities; to manage his/her personal growth by setting realistic and appropriate goals.