

# COURSE SYLLABUS

<b>LAST REVIEW</b>	Spring 2021
<b>COURSE TITLE</b>	Physical Education for the Elementary Teacher
<b>COURSE NUMBER</b>	EXSC-0209
<b>DIVISION</b>	Math, Science, Business & Technology
<b>DEPARTMENT</b>	Exercise Science
<b>CIP CODE</b>	24.0101
<b>CREDIT HOURS</b>	3
<b>CONTACT HOURS/WEEK</b>	Class: 3
<b>PREREQUISITES</b>	None
<b>COURSE PLACEMENT</b>	None

## COURSE DESCRIPTION

This course is designed to prepare students to teach physical education to children grades K-6. It will use developmental approach and stress exploratory methods of teaching young children variety of games, dance, gymnastics, and health-related fitness activities.

## TEXTBOOKS

<http://kckccbookstore.com/>

## METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

## COURSE OUTLINE

- I. Meaning and purpose of Physical Education
  - A. Contemporary objectives of program
  - B. Current factors influencing programs
- II. Physical growth and development of children
  - A. Motor skill development
  - B. Personal and social development
  - C. Implication for Physical Education programs
- III. Movement Education's concepts
  - A. Locomotor and nonlocomotor skills
  - B. Manipulative skills

- IV. Methods of teaching physical education
  - A. Motivation techniques
  - B. Maintaining discipline
- V. Content and teaching strategies
  - A. Content and teaching strategies for primary grades
  - B. Content and teaching strategies for intermediate grades
- VI. Content areas of physical education
  - A. Planning a Physical Education curriculum

### **COURSE LEARNING OUTCOMES**

Upon successful completion of this course, the student will:

- A. The student will be able to acquire a basic understanding of the philosophy and objectives of an elementary school physical education program.
- B. The student will be able to acquire a basic understanding of the characteristics and needs of children and the implication of those needs to physical education program.
- C. The student will be able to develop knowledge and skill to teach a variety of games, dance, and gymnastic activities.
- D. The student will be able to develop knowledge and ability to plan, organize, and teach yearly programs, units of instruction and effective daily lesson plans.

### **ASSESSMENT OF COURSE LEARNING OUTCOMES**

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

### **COLLEGE POLICIES AND PROCEDURES**

*Student Handbook*

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

*College Catalog*

<https://www.kckcc.edu/academics/catalog/index.html>

*College Policies and Statements*

<https://www.kckcc.edu/about/policies-statements/index.html>

*Accessibility and Accommodations*

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.