COURSE SYLLABUS

LAST REVIEW Spring 2021

COURSE TITLE Camping and Outdoor Education

COURSE NUMBER EXSC-0190

DIVISION Math, Science, Business & Technology

DEPARTMENT Exercise Science

CIP CODE 24.0101

CREDIT HOURS 3

CONTACT HOURS/WEEK Class: 3

PREREQUISITES None

COURSE PLACEMENT None

COURSE DESCRIPTION

An introduction to the history and philosophy of camping. An introduction to a variety of outdoor educational programs and activities, survival, wilderness camping, camping for special populations and beginning camping skills.

TEXTBOOKS

http://kckccbookstore.com/

METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE

- I. Camping Movement
 - A. Stages in Camping
 - B. Types of Camps
 - C. Camping Values
 - D. Professional Organizations
- II. Camping Safety
 - A. Survival Techniques
 - B. Plant Identification
 - C. Orienteering

- III. Camp Crafts
 - A. Ax and knife work
 - B. Cooking and Food Care
 - C. Fire Building
 - D. Rope Work
- IV. Exploration and Travel
 - A. Trip Camping
 - B. Hosteling
 - C. Camping Equipment
- V. Camping & Outdoor Activities
 - A. Adventure Programming
 - B. Camp Crafts
 - C. High-Risk Activities

COURSE LEARNING OUTCOMES

Upon successful completion of this course, the student will:

- A. The student will be able to describe the skills needed to operate camping equipment, i.e., stove, axe, lanterns.
- B. The student will be able to trace the history of organized camping and its effects on modern camping.
- C. The student will be able to identify basic safety and emergency techniques involved in camping.
- D. The student will be able to list the components of an adventure programming and experiential education activity
- E. The student will be able to identify and compare various types and cost of camping equipment.
- F. The student will be able to plan and organize a camping/travel experience.

ASSESSMENT OF COURSE LEARNING OUTCOMES

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

COLLEGE POLICIES AND PROCEDURES

Student Handbook

 $\frac{https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf}{}$

College Catalog

https://www.kckcc.edu/academics/catalog/index.html

College Policies and Statements

https://www.kckcc.edu/about/policies-statements/index.html

Accessibility and Accommodations

https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html.