COURSE SYLLABUS

LAST REVIEW	Spring 2021
COURSE TITLE	Bowling
COURSE NUMBER	EXSC-0108
DIVISION	Math, Science, Business & Technology
DEPARTMENT	Exercise Science
CIP CODE	24.0101
CREDIT HOURS	1
CONTACT HOURS/WEEK	Class: 1 Lab: 1
PREREQUISITES	None
COURSE PLACEMENT	None

COURSE DESCRIPTION
Instruction in skills, history, and etiquette of bowling is provided. The individual gains practice in fundamental skills and techniques.

TEXTBOOKS
http://kckccbookstore.com/

METHODS OF INSTRUCTION
A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE
I. Setup: Gaining position and balance
II. Swing and Cadence: adding a consistent rhythm
III. Footwork
IV. Four-Step Delivery
V. Ball Dynamics-rolling straight/hook balls
VI. Strike Targeting
VII. Spare Targeting

COURSE LEARNING OUTCOMES
   Upon successful completion of this course, the student will:
   A. The student will be able to acquire skill in bowling score tabulation.

B. The student will be able to demonstrate ability to tabulate handicaps scores.
C. The student will be able to acquire basic skills in area of ball selection, hand position, footwork and delivery.
D. The student will be able to demonstrate ability in selection of bowling equipment.
E. The student will be able to demonstrate proper bowling etiquette during bowing sessions.

ASSESSMENT OF COURSE LEARNING OUTCOMES
Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

COLLEGE POLICIES AND PROCEDURES
Student Handbook
https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf

College Catalog
https://www.kckcc.edu/academics/catalog/index.html

College Policies and Statements
https://www.kckcc.edu/about/policies-statements/index.html

Accessibility and Accommodations
https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html.