

# **COURSE SYLLABUS**

<b>LAST REVIEW</b>	Spring 2021
<b>COURSE TITLE</b>	Human Sexuality
<b>COURSE NUMBER</b>	BIOL-0268
<b>DIVISION</b>	Math, Science, Business & Technology
<b>DEPARTMENT</b>	Biology
<b>CIP CODE</b>	24.0101
<b>CREDIT HOURS</b>	3
<b>CONTACT HOURS/WEEK</b>	Class: 3
<b>PREREQUISITES</b>	None
<b>COURSE PLACEMENT</b>	None

## **COURSE DESCRIPTION**

This course presents accurate information about human sexuality to help students develop understanding of their own and other's sexual expression and values. Topics include anatomy and physiology, sexuality across the life cycle, social/cultural influences, fertility issues, sexually transmitted diseases including AIDS, variations in orientation and expression, values and ethics, and current social issues.

## **TEXTBOOKS**

<http://kckccbookstore.com/>

## **METHODS OF INSTRUCTION**

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

## **COURSE OUTLINE**

- I. Sex and Sexuality
  - A. Why Sex?
  - B. Know Thyself
  - C. Sex - Past and Present
  - D. Family roles and Structure
  - E. Theories
  - F. Research
- II. Female Reproductive Anatomy and Physiology
  - A. Reproductive Structures

- B. Accessory Structures
  - C. Menstruation and Hormonal Cycles
  - D. Breast Cancer
- III. Male Reproductive Anatomy and Physiology
  - A. Reproductive Structures
  - B. Accessory Structures
  - C. Testicular and Prostate Cancer
- IV. Sexual Response and Behavior
  - A. Stages of the Sexual Response Cycle
  - B. Communication
- V. Gender Identity and Gender Roles
  - A. Embryonic Development
  - B. Societal Expectations of Gender
  - C. Gender Conflicts
  - D. Evolving Gender Roles
- VI. Attraction and Love
  - A. Love vs. Lust
  - B. Physical Attractiveness
  - C. The Greek Heritage
  - D. Pheromones?
- VII. Relationships, Intimacy, and Communication
  - A. Romantic Relationships
  - B. Intimacy
  - C. Communication Skills
  - D. Chemical Influence on Sex and Sexuality
- VIII. Sexual Orientation
  - A. Terminology
  - B. Perspectives on Homosexual Orientation
  - C. Gay Males and Lesbian Sexual Behavior
  - D. Gay Lifestyles
  - E. Cultural biases
  - F. Sexual Ambiguity
- IX. Conception, Pregnancy, and Childbirth
  - A. Fertilization and Implantation of Egg
  - B. Development of Fetus
  - C. Maternal Physical and Psychological Changes
  - D. Stages of Labor
  - E. Parturition
  - F. Fertility Issues
- X. Contraception and Abortion
  - A. Methods of Contraception
  - B. Methods of Abortion
  - C. Controversies regarding Abortion and Contraception

- XI. Sexuality Across the Life Span
  - A. Infancy, Preschool, and School Age
  - B. Adolescence and Young Adulthood
    - 1. libido
    - 2. family planning and pregnancy
  - C. Middle-aged and Older Adults
  - D. Sex Education
- XII. Sexual Dysfunctions
  - A. Inhibited Sexual Desire and Sexual Aversion
  - B. Male Dysfunctions
  - C. Female Dysfunctions
  - D. Sex Therapy
- XIII. Sexually Transmitted Diseases
  - A. History, Background, and Incidence
  - B. AIDS and Other Viruses
  - C. Bacteria
  - D. Other Types
  - E. Prevention and Control
- XIV. Atypical Sexual Variations
  - A. Normal Versus Deviant Sexual Behavior
  - B. The Paraphilias
  - C. Theoretical Perspectives
  - D. Treatment of Paraphilias
- XV. Sexual Coercion
  - A. Harassment
  - B. Rape
  - C. Sexual Abuse
  - D. Incest
- XVI. Commercial Sex
  - A. Prostitution
  - B. Pornography
  - C. Media Influence
- XVII. Conclusion
  - A. Sexual Well Being
  - B. Sexual Responsibility
  - C. Community Resources
  - D. Course Evaluation

### **COURSE LEARNING OUTCOMES**

Upon successful completion of this course, the student will:

- A. The student will be able to demonstrate a broad knowledge of human sexual anatomy and physiology including reproductive cycles.

- B. The student will be able to demonstrate a broad knowledge of biological, societal and cultural influences on human sexuality.
- C. The student will be able to demonstrate a broad knowledge of sexual development, sexual dysfunctions, and STDs including but not limited to the biological factors involved in each.
- D. The student will be able to demonstrate a broad knowledge of cross-cultural differences and sexual values and ethics within contemporary society.

### **ASSESSMENT OF COURSE LEARNING OUTCOMES**

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

### **COLLEGE POLICIES AND PROCEDURES**

*Student Handbook*

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

*College Catalog*

<https://www.kckcc.edu/academics/catalog/index.html>

*College Policies and Statements*

<https://www.kckcc.edu/about/policies-statements/index.html>

*Accessibility and Accommodations*

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.