

COURSE SYLLABUS

LAST REVIEW	Spring 2021
COURSE TITLE	Cardio-Pulmonary Resuscitation
COURSE NUMBER	ALHT 0290
DIVISION	Health Professions
DEPARTMENT	Allied Health
CIP CODE	24.0101
CREDIT HOURS	1
CONTACT HOURS/WEEK	Class: 1
PREREQUISITES	None
COURSE PLACEMENT	Students must meet the correct placement measure for this course. Information may be found at: https://www.kckcc.edu/admissions/information/mandatory-evaluation-placement.html

COURSE DESCRIPTION

A certified course in cardiopulmonary resuscitation. This course will qualify the student to administer CPR in certain basic life support situation. It will also meet program requirements when CPR is part of the program curriculum. This is community CPR - adult, child and infant certified by American Heart Association.

TEXTBOOKS

<http://kckccbookstore.com/>

METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE

- I. Barriers to Action
- II. Taking Action (check, call, care, being prepared)
- III. Conscious and Unconscious victims
- IV. Conscious Airway Obstruction
- V. Rescue Breathing
- VI. Unconscious Airway Obstruction
- VII. CPR

COURSE LEARNING OUTCOMES AND COMPETENCIES

Upon successful completion of this course, the student will:

- A. Overcome barriers to action and decide to act as a reasonable and prudent rescuer in an emergency.
 1. Review the reasons why people hesitate to get involved in an emergency.
 2. Discuss the fear of being sued when giving aid.
 3. Discuss the ways to prevent disease transmission when giving aid.
 4. Review the good Samaritan laws – what is reasonable and prudent.

- B. Take the steps of checking your victim, calling EMS, caring for your victim, and begin prepared for an emergency
 5. Explain the steps in checking your victim.
 6. Demonstrate the steps in checking your victim.
 7. Explain a call to EMS.
 8. Explain caring for your victim.
 9. Discuss the preparations needed to be ready to give first aid.
 10. Review what should be included in a first aid kit.
 11. Review important phone numbers a first aider should have handy.
 12. Review what information a first aider should have ready for first aid (e.g. insurance, medical conditions).

- C. Understand the difference between a conscious and unconscious victim.
 13. Demonstrate how to check an unconscious victim.
 14. Demonstrate how to check an unconscious victim.
 15. Describe what to do if a victim refuses help.

- D. Pass competencies on a conscious choking victim.
 16. Demonstrate knowledge of abdominal thrusts on a conscious adult.
 17. Demonstrate knowledge of abdominal thrusts on a conscious child.
 18. Demonstrate knowledge of abdominal thrusts on a conscious infant.

- E. Pass competencies on demonstrating rescue breathing.
 19. Demonstrate knowledge of rescue breathing on an adult.
 20. Demonstrate knowledge of rescue breathing on a child.
 21. Demonstrate knowledge of rescue breathing an infant.
 22. Discuss breathing devices which can be used to avoid mouth to mouth contact.

- F. Pass competencies on demonstrating unconscious airway obstruction.
 23. Demonstrate knowledge of dislodging an object from an unconscious adult.
 24. Demonstrate knowledge of dislodging an object from an unconscious child.
 25. Demonstrate knowledge of dislodging an object form an unconscious infant.

- G. Pass competencies on demonstrating CPR.
26. Describe the signs and symptoms of a heart attack.
 27. Demonstrate knowledge of CPR on an adult.
 28. Demonstrate knowledge of CPR on a child.
 29. Demonstrate knowledge on an infant.
 30. Demonstrate two-person CPR for children and adults.

ASSESSMENT OF COURSE LEARNING OUTCOMES AND COMPETENCIES

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

COLLEGE POLICIES AND PROCEDURES

Student Handbook

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

College Catalog

<https://www.kckcc.edu/academics/catalog/index.html>

College Policies and Statements

<https://www.kckcc.edu/about/policies-statements/index.html>

Accessibility and Accommodations

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.