

# COURSE SYLLABUS

<b>LAST REVIEW</b>	Spring 2021
<b>COURSE TITLE</b>	Nursing Assistant
<b>COURSE NUMBER</b>	ALHT 0104
<b>DIVISION</b>	Health Professions
<b>DEPARTMENT</b>	Allied Health
<b>CIP CODE</b>	51.3902
<b>CREDIT HOURS</b>	5
<b>CONTACT HOURS/WEEK</b>	Class: 3                      Lab/Clinical: 4
<b>PREREQUISITES</b>	None
<b>COURSE PLACEMENT</b>	Students must meet the correct placement measure for this course. Information may be found at: <a href="https://www.kckcc.edu/admissions/information/mandatory-evaluation-placement.html">https://www.kckcc.edu/admissions/information/mandatory-evaluation-placement.html</a>

## COURSE DESCRIPTION

This course is an introduction to basic nursing care skills and concepts necessary to prepare the student to function as a nurse aide in a long-term care facility. This course will also prepare the student to take the state nurse aide certification examination. Students must pass a background check to complete the clinical portion of the course.

## PROGRAM ALIGNMENT

This course is part of a program aligned through the Kansas Board of Regents and Technical Education Authority. For more information, please visit:  
[https://kansasregents.org/workforce\\_development/program-alignment](https://kansasregents.org/workforce_development/program-alignment)

## TEXTBOOKS

<http://kckccbookstore.com/>

## METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

## **COURSE OUTLINE**

- I. Working in an Adult Care Home
  - A. Goals of a long term care communities
  - B. Members of the healthcare team
  - C. Scope of practice for the CNA
  - D. Resident's rights
  - E. Necessary skills in providing safe care to residents in long-term care communities
- II. Physical Changes of Aging
  - A. Basic structure, diseases and problems causing visual impairment
  - B. Basic structure, diseases and problems causing ear impairment
  - C. Basic structure, disease and problems causing taste and smell impairment
  - D. Basic structure and function of all body systems
- III. Psychosocial Changes with Aging
  - A. Social relationships
  - B. Physical losses
  - C. Losses when entering long-term care communities
  - D. Health and emotional responses to aging
- IV. First Aide, Sexuality, Special Procedures and Observing and Recording
  - A. Sexuality in the older adult
  - B. Special procedures such as restraints
  - C. General guidelines for first aide.
  - D. Identify observations, how/when/who to report to and record the information in the EHR

## **COURSE LEARNING OUTCOMES**

Upon successful completion of this course, the student will:

- A. Identify the role of the nurse in a long-term care facility.
- B. Discuss communication and documentation skills necessary to be a caregiver in a long-term care facility.
- C. Identify legal issues associated with working as an aide in long-term care.
- D. Provide a safe environment for the resident in long-term care.
- E. Recognize physical, psychological, and emotional needs of the long-term care resident.
- F. Describe care of dying resident.
- G. Identify skills necessary to safely transfer and mobilize a resident.
- H. Identify physical changes associated with aging.
- I. Discuss techniques utilized to assist with aging changes.
- J. Identify skills necessary to care for the elderly resident.
- K. Identify needs and techniques necessary to meet nutritional needs of the older adult.

## **ASSESSMENT OF COURSE LEARNING OUTCOMES**

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

## **COLLEGE POLICIES AND PROCEDURES**

*Student Handbook*

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

*College Catalog*

<https://www.kckcc.edu/academics/catalog/index.html>

*College Policies and Statements*

<https://www.kckcc.edu/about/policies-statements/index.html>

*Accessibility and Accommodations*

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.