

COURSE SYLLABUS

LAST REVIEW	Spring 2021
COURSE TITLE	Group Dynamics and Addictions
COURSE NUMBER	ADCN 0210
DIVISION	Social and Behavioral Sciences & Public Services
DEPARTMENT	Addictions Counseling
CIP CODE	51.1501
CREDIT HOURS	3
CONTACT HOURS/WEEK	Class: 3
PREREQUISITES	None
COURSE PLACEMENT	Students must meet the correct placement measure for this course. Information may be found at: https://www.kckcc.edu/admissions/information/mandatory-evaluation-placement.html

COURSE DESCRIPTION

This course is designed to introduce the student to theories and concepts of group dynamics by providing an exploration of the patterns and dynamics of group interactions. Various methods of group counseling, which shall include the study of culturally informed, ethical, evidence-based models and approaches to group counseling; group facilitation and counseling skills; and methods for establishing group goals and treatment outcomes, is emphasize during this course. An importance placed on the groups and exercises most often utilized in the treatment of addictions. The student will be able to have the opportunity to participate in a group as a group member and to act as group leader in order to practice leadership styles.

PROGRAM LEARNING OUTCOMES

Students will be able to:

1. Define the theories, skills, and attitudes associated with the core functions of a substance use disorder counselor (addiction counselor).
2. Describe the transdisciplinary foundations and competencies required of the addiction counselor.
3. Define professional and ethical behaviors necessary to work with clients, colleagues, the public, as well as other community and healthcare professionals.
4. Define appropriate professional and ethical behavior for substance abuse counselors.
5. Summarize the basic substance use disorder (addiction) counseling skills.
6. Analyze the skills and attitudes needed to be a professional addiction counselor.

General Education Learning Outcome

- Basic Skills for Communication
- Mathematics
- Humanities
- Natural and Physical Sciences
- Social and Behavioral Sciences

Institutional Learning Outcomes

- Communication
- Computation and Financial Literacy
- Critical Reasoning
- Technology and Information Literacy
- Community and Civic Responsibility

Personal and Interpersonal Skills

TEXTBOOKS

<http://kckccbookstore.com/>

METHODS OF INSTRUCTION

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:

- I. Introduction to Group Work
 - A. The Theory and Theoretical Orientations
 - B. Group Process and Techniques
 - C. Overview of Various Types of Groups

- II. Perspective and Practice of Multicultural Group Work
 - A. Cultural Values and Group Work
 - B. Best Practices in Multicultural Group Work

- III. The Group Counselor
 - A. As a Person
 - B. As a Professional

- IV. Ethical and Legal Issues in Group Counseling
 - A. Group Membership, Confidentiality, and Informed Consent
 - B. Diverse Populations
 - C. Guidelines for Ethical and Legal Practice

- V. Theories and Techniques of Group Counseling
 - A. Theory as a Roadmap
 - B. Relationship of Theories to Techniques
 - C. Psychodynamic Approach
 - D. Experiential and Relationship-Oriented Approaches
 - E. Cognitive Behavioral Approaches
 - F. Postmodern Approaches
 - G. Integrative Approach

- VI. Group Process: Stages of Development
 - A. Forming a Group
 - B. Initial Stage
 - C. Transition Stage
 - D. Working Stage
 - E. Final Stage

- VII. Specific Groups
 - A. Groups in School Settings
 - B. Groups in Community Settings

ASSESSMENT OF COURSE LEARNING OUTCOMES AND COMPETENCIES

Student progress is evaluated through both formative and summative assessment methods. Specific details may be found in the instructor's course information document.

COLLEGE POLICIES AND PROCEDURES

Student Handbook

<https://www.kckcc.edu/files/docs/student-resources/student-handbook-and-code-of-conduct.pdf>

College Catalog

<https://www.kckcc.edu/academics/catalog/index.html>

College Policies and Statements

<https://www.kckcc.edu/about/policies-statements/index.html>

Accessibility and Accommodations

<https://www.kckcc.edu/academics/resources/student-accessibility-support-services/index.html>.