

Drug Free Schools and Communities Act Report

BIENNIAL NOTIFICATION 2024-2026

Kansas City Kansas Community College

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INTRODUCTION

The Drug Free Schools and Communities Act (DFSCA) requires an institution of higher education (IHE) to provide a biennial review of alcohol and other drug prevention programs to be eligible to receive or any form of financial assistance under any Federal program, including participation in a federally funded or guaranteed student loan program. Kansas City Kansas Community College (KCKCC) has completed this biennial review to fulfill the requirements of the act.

BIENNIAL REVIEW PROCESS

The review covers the academic years 2024-2026. It was conducted by the Kansas City Kansas Community College DFSCA committee, which has representatives from multiple campus departments.

The DFSCA Biennial Review Report is available at

- https://www.kckcc.edu/files/docs/safety/dfsca-reports/drug-free-schools-and-communities-act-report.pdf

DFSCA COMMITTEE MEMBERS

Jason Sievers, Deputy Chief
| KCKCC Police Department

Linda Warner, LCPC
Director, Counseling & Advocacy Center

Dr. Shawn Derritt
Dean of Student Services

Nicole Wilburn
Director of Student Housing

Haydee Reyes
Director of Student Engagement

Rodney Christensen
Head Athletic Trainer

Toni Dickinson, RN
College Nurse

Ken Swearingen, Sergeant
KCKCC Police Department

Fyn Morrigan, Coordinator
Basic Needs Center

Michael James, LPC, LCP
Assistant Professor of Addiction Counseling

DRUG AND ALCOHOL POLICIES

The Drug Free Schools and Communities Act and Drug and Alcohol Abuse Prevention Regulations (EDGAR Part 86 TITLE 34 – EDUCATION, PART 86 DRUG AND ALCOHOL ABUSE PREVENTION) note that no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any Federal program, including participation in any federally funded or guaranteed student loan program unless the institution certifies that it has adopted and has implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by all students and employees on school premises or as part of any or it is activities. In this effort of compliance and support, KCKCC has implemented drug and alcohol policies for students and employees.

STUDENT POLICIES

- https://www.kckcc.edu/about/policies-procedures/student-affairs/student-code-of-conduct-policy.html
- https://www.kckcc.edu/about/policies-procedures/human-resources/drug-and-alcohol-use-students-and-employees-policy.html

EMPLOYEE POLICIES

- https://www.kckcc.edu/about/policies-procedures/human-resources/drug-and-alcohol-use-students-and-employees-policy.html

TOBACCO FREE POLICY

- https://www.kckcc.edu/about/policies-procedures/administrative/smoke-and-tobacco-free-college-policy.html

DRUG AND ALCOHOL PREVENTION PROGRAM NOTIFICATION

The KCKCC Drug and Alcohol Prevention Program (DAAPP) Policy Notification Process: Notification is provided to all students and employees in the following ways:

- Provided to all registered students via email sent each semester. *Appendix A*
- Provided to all employees via email sent each semester. *Appendix A*
- Provided to all new employees through New Employee Orientation.
- Provided on the KCKCC Student Support and Resources Webpage, https://www.kckcc.edu/student-support/student-engagement/student-resources.html

PROGRAMMING AND RESOURCES

COUNSELING SERVICES

The KCKCC Counseling & Advocacy Center offers a variety of services and programs designed to increase awareness, prevent substance use, and/or assist those experiencing difficulties with substances. The Counseling & Advocacy Center collaborates with other college and community stakeholders in prevention and treatment efforts. The following confidential services are provided at no cost to students or employees:

- Counseling and Referral. Assessment and short-term outpatient counseling for substance abuse or related issues is available at KCKCC. If counseling or a longer duration or a higher level of care is needed, a referral will be made to an appropriate resource within the community.
- Crisis Intervention. When immediate support is needed for a crisis related to substance abuse, help is available. Assistance can be provided either through the Counseling & Advocacy Center or through the Student Assistance Program (SAP) or the Employee Assistance (EAP).
- Education and Information. Resources on drug and alcohol-related topics are available in the form of pamphlets, reading lists, and presentations. These topics include (1) types and effects of drug/alcohol use; (2) resilience and self-esteem; (3) drunk driving; (4) Stress management and coping; (5) domestic violence prevention; and (6) social skills.

HUMAN RESOURCES

KCKCC provides a variety of benefits to its employees to help them address substance abuse concerns.

- https://www.kckcc.edu/about/this-is-kckcc/human-resources.html
- **Employee Assistance Program (EAP)**
  - KCKCC employees can seek free and confidential resources to assist with substance abuse concerns through the Employee Assistance Program offered through Principal. They can contact the Principal 24/7 by phone or online.
- **Employee Benefits**
  - KCKCC employees who elect to enroll in medical coverage are offered a variety of benefit plans that provide services to treat substance abuse concerns.
- **Police Department**
  - All KCKCC Police Department employees receive Narcan training every other year in combination with first aid training. Offices carry kits containing two doses of Narcan, extra gloves, a face mask, a sharps container, and an evidence collection bag. These precautionary measures are taken so that anyone administering medication to an individual can minimize their exposure to dangerous chemicals such as Fentanyl.

AWARENESS, PREVENTION AND EDUCATION CAMPAIGNS

- **Publication Distribution**
  - During the biennial review period, KCKCC provided free educational materials for drug and alcohol abuse prevention and treatment. These materials are on display in the Student Affairs hallway in Upper Jewell. *Appendix B*
- **Safe Spring Break**
  - KCKCC students received email information about Safe Spring Break Tips, including tips on responsible consumption of alcohol while on break. *Appendix D*
- **Tabling Event**
  - KCKCC students and employees participated in tabling events for Red Ribbon Day in October of 2024 and 2025 and National Drug and Alcohol Facts Week in March of 2025. CRAAFT cards were distributed to students at the KCKCC Health Fair, October 8, 2025. *Appendix D*
- **Safe St. Paddy's Day**
  - Students participated in Safe St. Paddy's Day celebration on March 10, 2026. Information was shared on alcohol abuse prevention. *Appendix D*
- **KCKCC MythBusters**
  - In 2025, KCKCC Counseling & Advocacy implemented this poster campaign to raise awareness and educate students about the hazards of drug and alcohol use, as well as vaping and texting while driving. Appendix D
  - Social Media Campaign
  - Information was shared with students about National Recovery Month in September 2025 and National Drug and Alcohol Facts Week, March 2026. *Appendix D*

AOD DATA

The Biennial Review process includes a review of data collected from employee and student policies, departmental records and college websites. The information gathered was then assessed by committee members, both individually and as a group, during monthly DFSCA meetings.

The DFSCA committee reviewed statistics compiled by the KCKCC Police Department to fulfill the requirements of the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics (Clery) Act. The full Clery Act report can be accessed at:

- https://www.kckcc.edu/files/docs/safety/annual-security-fire-safety-report.pdf
  Appendix B

The committee reviewed data from student residents that was compiled through 3rd Millennium Classrooms, which provides alcohol and cannabis prevention training to KCKCC students residing in Centennial Hall. The data for that training for the 2024-25 and 2025-26 academic years is found in Appendix E.

EVALUATION

The committee identified these areas of improvement from the last review:

- An increase in the number of alcohol-alternative activities available to KCKCC during holidays and weekends.
- Inclusion of the student body president on the DFSCA committee and involvement of the Student Senate in information sharing about prevention and awareness efforts.
- Development of a new alcohol training for all KCKCC students to be implemented in Blackboard for Fall 2026.
- Awareness and Prevention events were held at all three KCKCC campuses.
- High levels of collaboration by campus departments around prevention and awareness efforts.

The committee also identified areas for improvement:

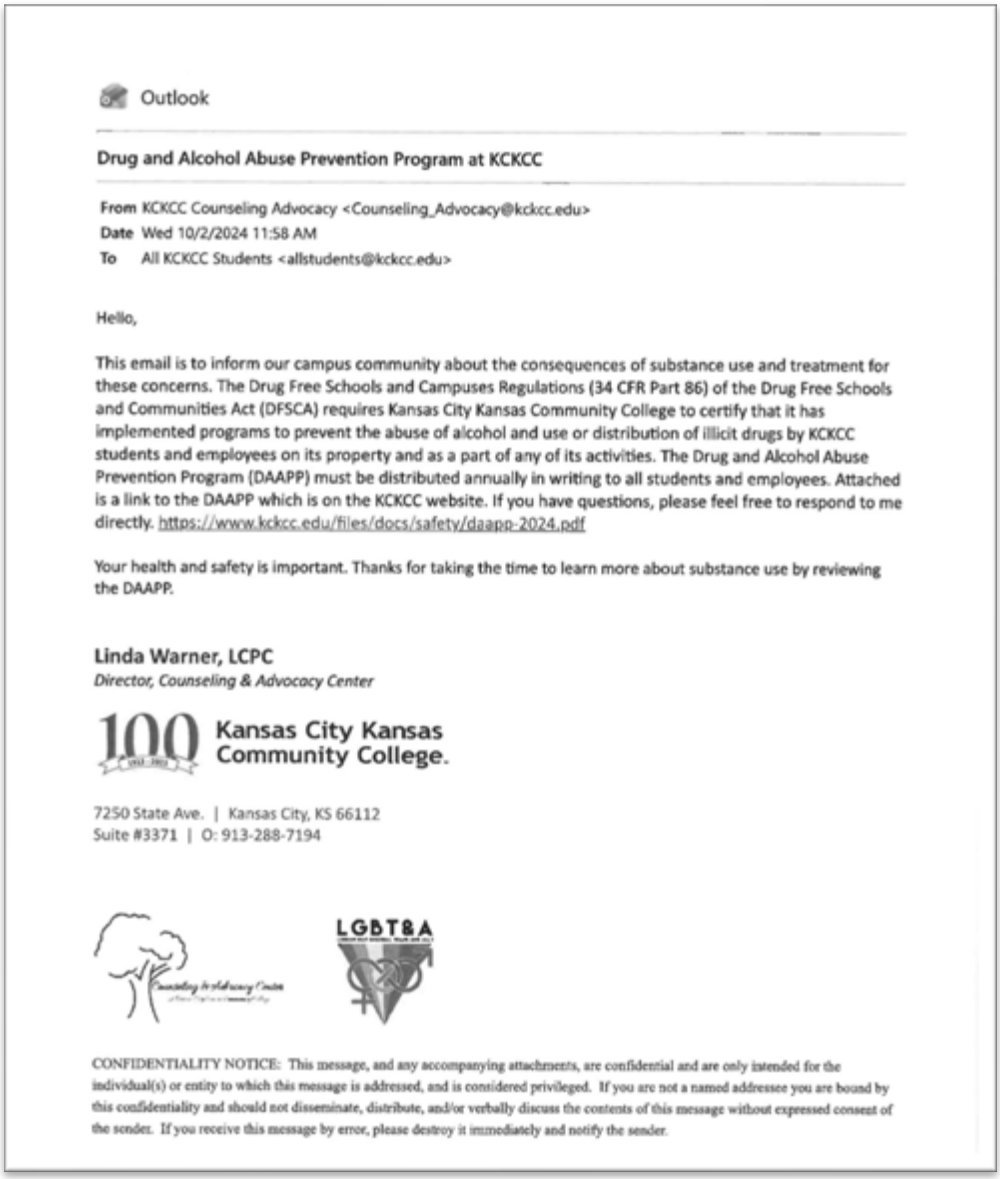
- The Biennial review has been misplaced on the KCKCC website since the transition to the new website was completed. It needs to be reposted to the website and shared in an easily searchable and accessible manner.
- Recommendations regarding needed updates to the KCKCC Drug and Alcohol Use policies have not been completed.
- Consistent implementation of drug and alcohol policy violations across all programs and campuses.
- Raising the profile of prevention work at KCKCC by bringing in a speaker.
- Integrate prevention efforts by joining other events hosted by different departments.
- Have a committee-sponsored table at KCKCC events rather than sharing information through counseling.

KCKCC is committed to continuing to develop, assess, and pursue the best practices for the college community to create a safe and healthy learning and working environment for our students and employees.

APPENDIX A

College Drug and Alcohol Prevention Program Distribution Emails for the review period Fall 2024 through Spring 2026.

EMAIL 1



Outlook

Drug and Alcohol Abuse Prevention Program at KCKCC

From KCKCC Counseling Advocacy <Counseling_Advocacy@kckcc.edu>
Date Wed 10/2/2024 11:58 AM
To All KCKCC Students <allstudents@kckcc.edu>

Hello,

This email is to inform our campus community about the consequences of substance use and treatment for these concerns. The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug Free Schools and Communities Act (DFSCA) requires Kansas City Kansas Community College to certify that it has implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by KCKCC students and employees on its property and as a part of any of its activities. The Drug and Alcohol Abuse Prevention Program (DAAPP) must be distributed annually in writing to all students and employees. Attached is a link to the DAAPP which is on the KCKCC website. If you have questions, please feel free to respond to me directly. https://www.kckcc.edu/files/docs/safety/daapp-2024.pdf

Your health and safety is important. Thanks for taking the time to learn more about substance use by reviewing the DAAPP.

Linda Warner, LCPC
Director, Counseling & Advocacy Center

100 Kansas City Kansas Community College.

7250 State Ave. | Kansas City, KS 66112
Suite #3371 | O: 913-288-7194

LGBT&A

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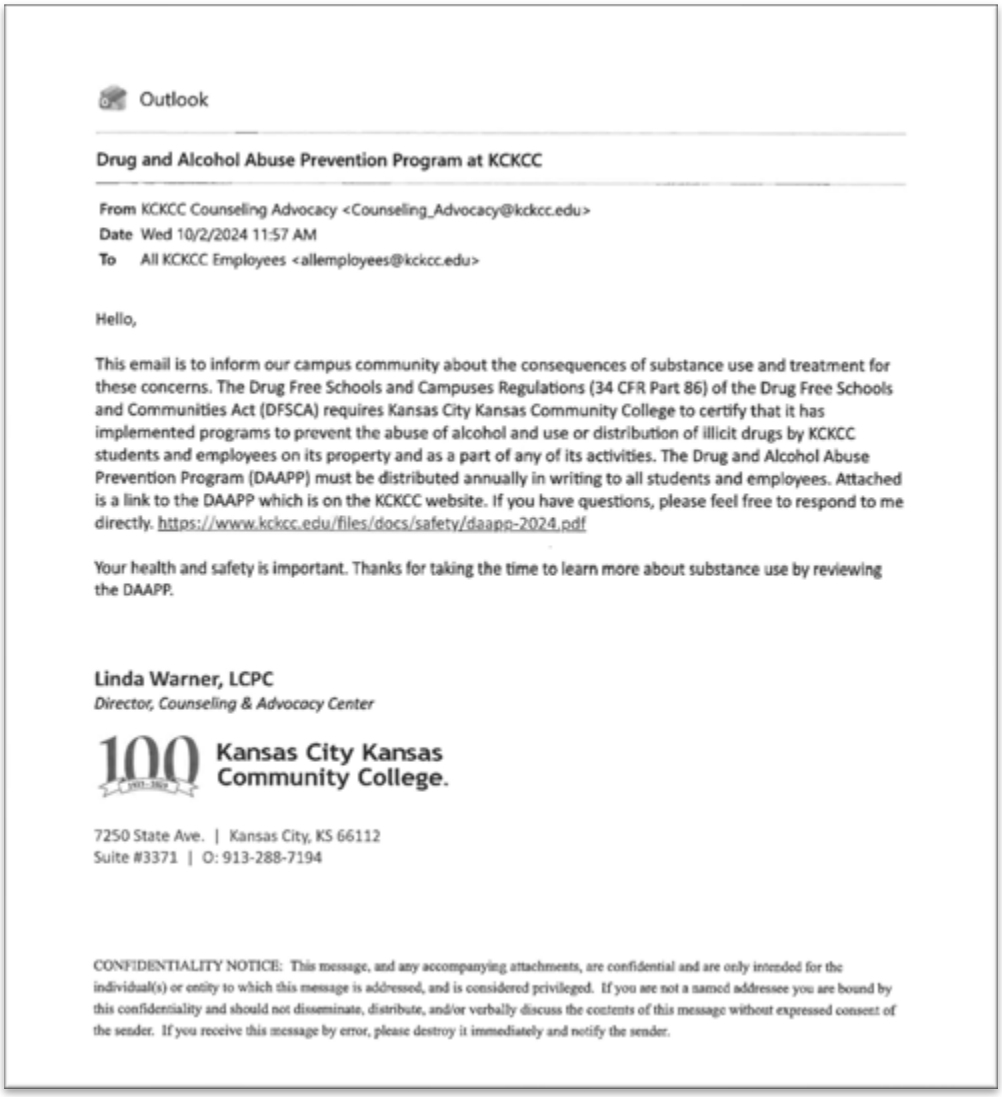
Director, Counseling & Advocacy Center

Kansas City Kansas Community College_

7250 State Ave. I Kansas City, KS 66112

Suite #3371 I 0: 913-288-7194

EMAIL 2



Outlook

Drug and Alcohol Abuse Prevention Program at KCKCC

From KCKCC Counseling Advocacy <Counseling_Advocacy@kckcc.edu>
Date Wed 10/2/2024 11:57 AM
To All KCKCC Employees <allemployees@kckcc.edu>

Hello,

This email is to inform our campus community about the consequences of substance use and treatment for these concerns. The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug Free Schools and Communities Act (DFSCA) requires Kansas City Kansas Community College to certify that it has implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by KCKCC students and employees on its property and as a part of any of its activities. The Drug and Alcohol Abuse Prevention Program (DAAPP) must be distributed annually in writing to all students and employees. Attached is a link to the DAAPP which is on the KCKCC website. If you have questions, please feel free to respond to me directly. https://www.kckcc.edu/files/docs/safety/daapp-2024.pdf

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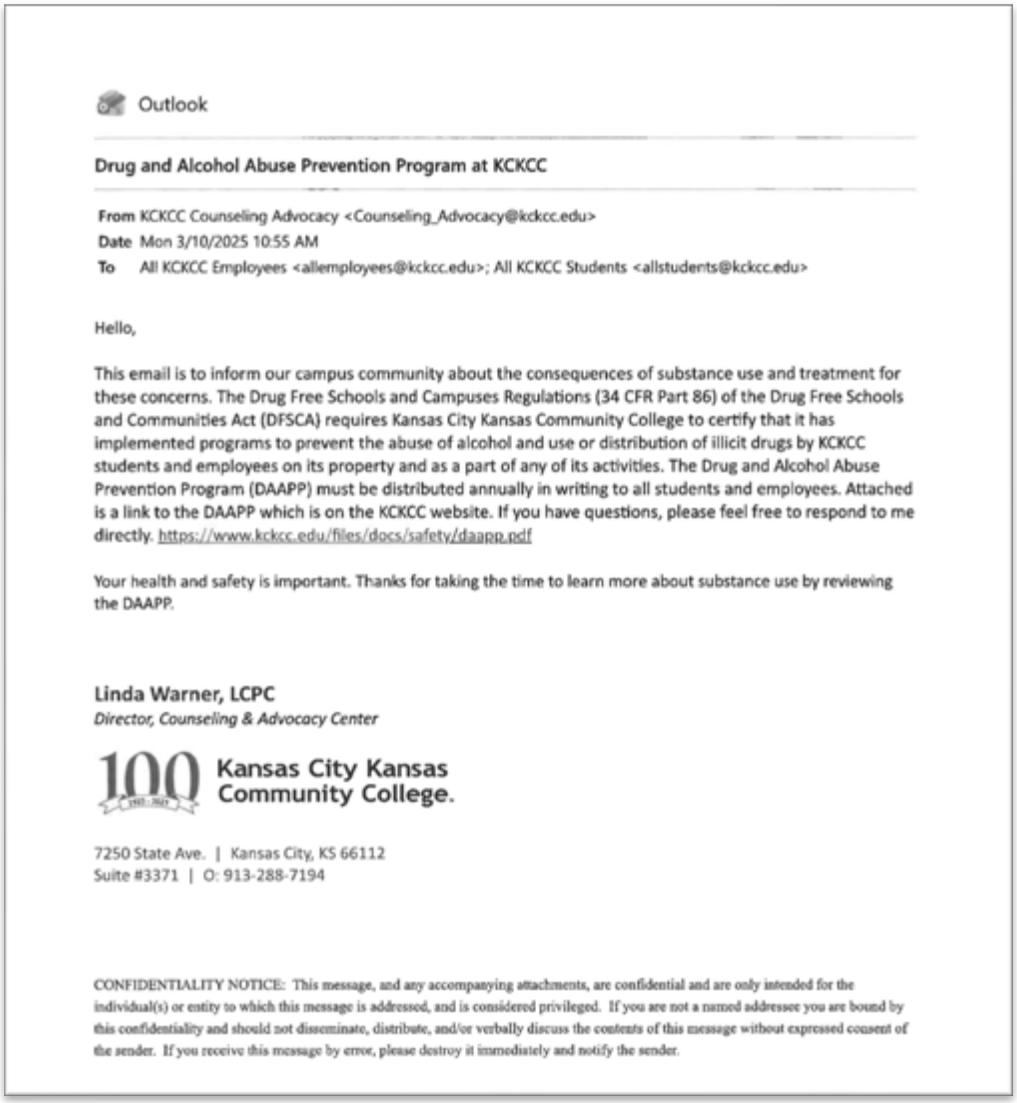
Linda Warner, LCPC

Director, Counseling & Advocacy Center

Kansas City Kansas Community College.

7250 State Ave. | Kansas City, KS 66112 Suite #3371 | O: 913-288-7194

EMAIL 3



Outlook

Drug and Alcohol Abuse Prevention Program at KCKCC

From KCKCC Counseling Advocacy <Counseling_Advocacy@kckcc.edu>
Date Mon 3/10/2025 10:55 AM
To All KCKCC Employees <allemployees@kckcc.edu>; All KCKCC Students <allstudents@kckcc.edu>

Hello,

This email is to inform our campus community about the consequences of substance use and treatment for these concerns. The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug Free Schools and Communities Act (DFSCA) requires Kansas City Kansas Community College to certify that it has implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by KCKCC students and employees on its property and as a part of any of its activities. The Drug and Alcohol Abuse Prevention Program (DAAPP) must be distributed annually in writing to all students and employees. Attached is a link to the DAAPP which is on the KCKCC website. If you have questions, please feel free to respond to me directly. https://www.kckcc.edu/files/docs/safety/daapp.pdf

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Date: Mon 3/10/2025 10:55 AM

To: All KCKCC Employees <allemployees@kckcc.edu>; All KCKCC Students <allstudents@kckcc.edu>

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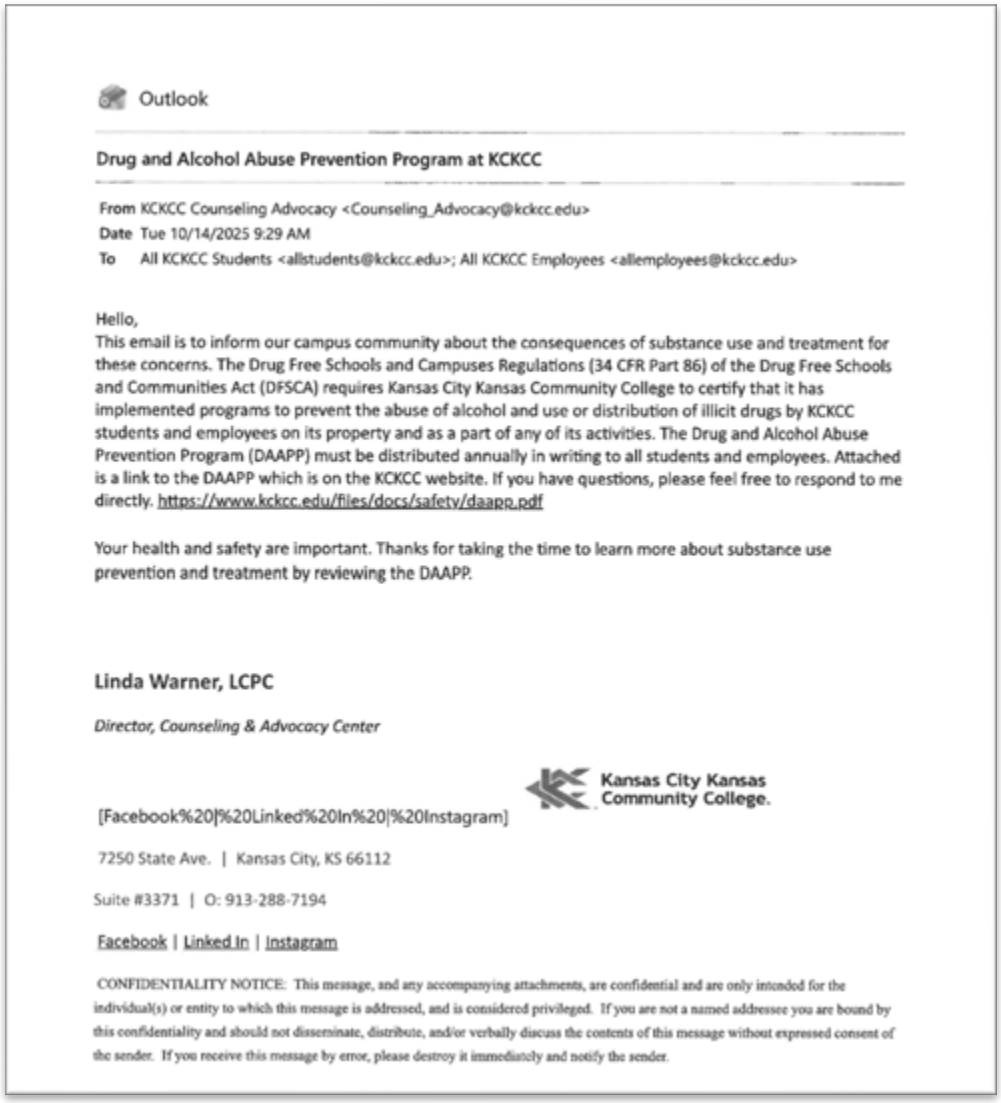
Linda Warner, LCPC

Director; Counseling & Advocacy Center

Kansas City Kansas Community College.

7250 State Ave. | Kansas City, KS 66112 Suite #3371 | O: 913-288-7194

EMAIL 4



Outlook

Drug and Alcohol Abuse Prevention Program at KCKCC

From KCKCC Counseling Advocacy <Counseling_Advocacy@kckcc.edu>
Date Tue 10/14/2025 9:29 AM
To All KCKCC Students <allstudents@kckcc.edu>; All KCKCC Employees <allemployees@kckcc.edu>

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Date: Tue 10/14/2025 9:29 AM

To: All KCKCC Students <allstudents@kckcc.edu>; All KCKCC Employees <allemployees@kckcc.edu>

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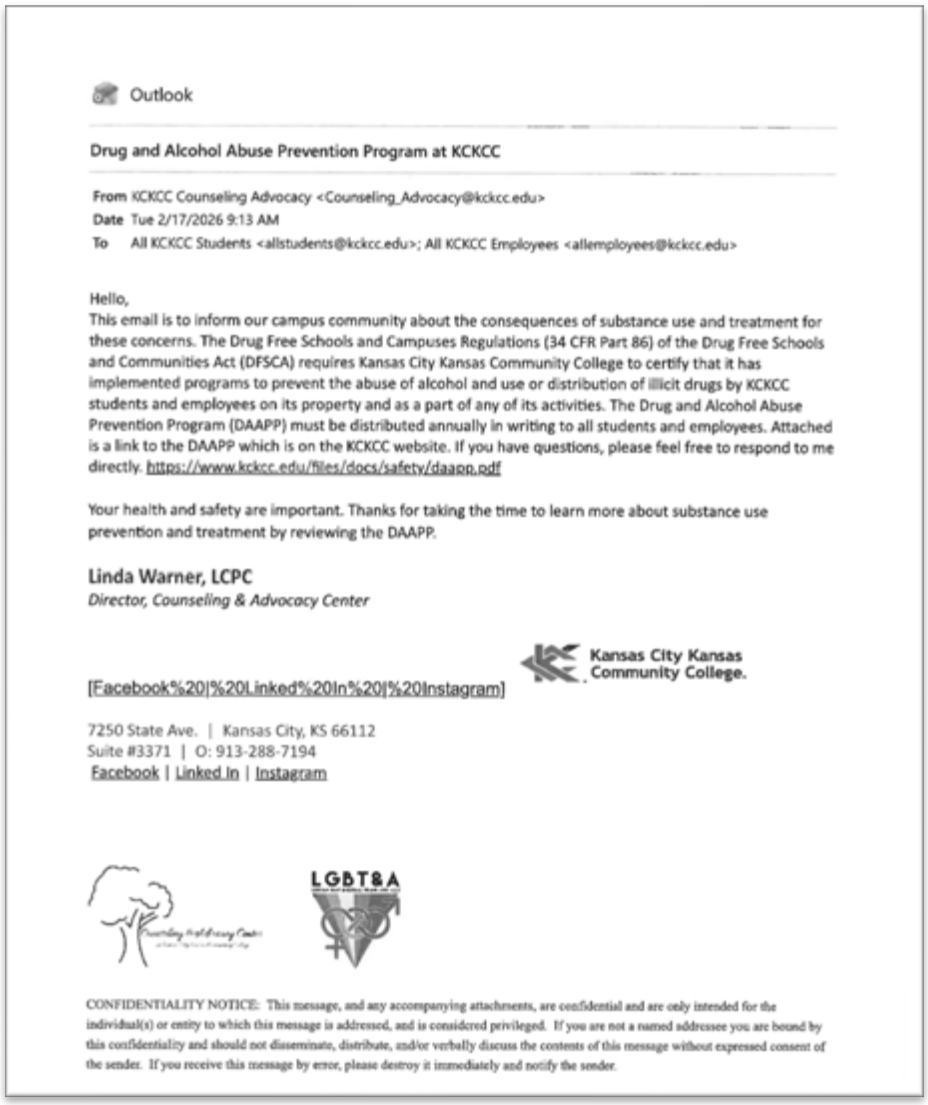
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Linda Warner, LCPC

Director, Counseling & Advocacy Center

EMAIL 5



Outlook

Drug and Alcohol Abuse Prevention Program at KCKCC

From KCKCC Counseling Advocacy <Counseling_Advocacy@kckcc.edu>
Date Tue 2/17/2026 9:13 AM
To All KCKCC Students <allstudents@kckcc.edu>; All KCKCC Employees <allemployees@kckcc.edu>

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Director; Counseling & Advocacy Center

Kansas City Kansas Community College.

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APPENDIX B

ANNUAL CLERY ACT SECURITY REPORT STATISTICS

KCKCC Location: 7250 State Ave. Kansas City, Kansas 66112

Crime Category	2022 Location				2023 Location				2024 Location			
	On-Campus	Non-Campus	Public Property	On-Campus Housing	On-Campus	Non-campus	Public Property	On-Campus Housing	On-Campus	Non-Campus	Public Property	On-Campus Housing
Murder / Non-Neg Manslaughter	0	0	0	0	0	0	0	0	0	0	0	0
Negligent Manslaughter	0	0	0	0	0	0	0	0	0	0	0	0
Rape	1	1	0	1	0	1	0	0	0	1	0	0
Forcible Fondling	1	3	0	1	1	0	0	1	1	2	0	0
Incest	0	0	0	0	0	0	0	0	0	0	0	0
Statutory Rape	0	5	0	0	0	0	0	0	0	0	0	0
Robbery	0	0	0	0	0	0	0	0	0	0	0	0
Aggravated Assault	0	5	0	0	0	0	0	0	1	1	0	1
Burglary	0	5	0	0	2	3	0	0	2	7	0	1
Motor Vehicle Theft	2	0	0	0	4	0	0	0	7	2	0	0
Arson	0	0	0	0	0	0	0	0	0	0	0	0
Arrest												
Liquor Arrest	0	0	0	0	0	6	0	0	0	3	0	0
Drug Arrest	0	21	0	0	0	7	0	0	0	12	0	0
Weapon Arrest	0	0	0	0	0	0	0	0	1	0	0	1
Referrals												
Liquor Referral	0	0	0	0	1	0	0	1	23	0	0	23
Drug Referral	5	0	0	0	10	0	0	0	10	0	0	3
Weapon Referral	0	0	0	0	0	0	0	0	0	0	0	0
VAWA												
Domestic Violence	1	0	0	1	0	0	0	0	4	1	0	4
Dating Violence	0	0	0	0	0	0	0	0	0	0	0	0
Stalking/Harassment	0	0	0	0	1	0	0	1	2	3	0	0
Unfounded Crimes												
Total Unfounded Crimes	0	0	0	0	0	0	0	0	0	0	0	0

No Hate Crimes were reported during the calendar years 2022, 2023, and 2024

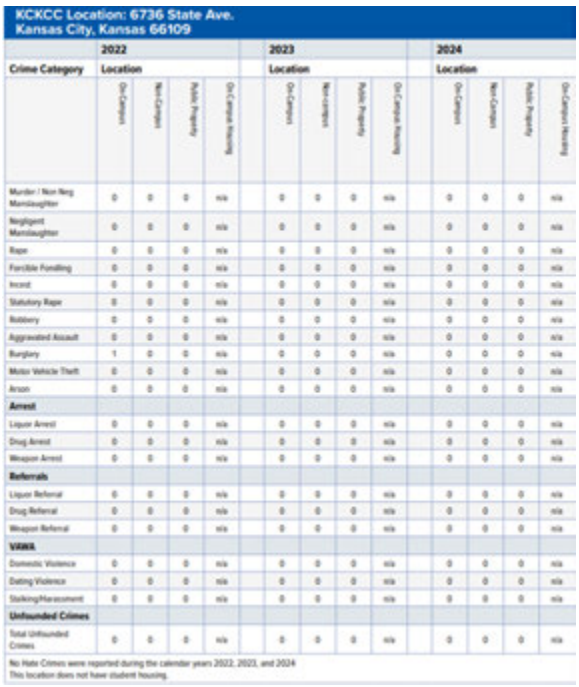
Table 1: KCKCC Main Campus
https://www.kckcc.edu/files/docs/safety/annual-security-fire-safety-report.pdf#page=33

KCKCC Location: 6565 State Ave. Kansas City, Kansas 66109

Crime Category	2022 Location				2023 Location				2024 Location			
	On-Campus	Non-Campus	Public Property	On-Campus Housing	On-Campus	Non-campus	Public Property	On-Campus Housing	On-Campus	Non-Campus	Public Property	On-Campus Housing
Murder / Non-Neg Manslaughter	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Negligent Manslaughter	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Rape	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Forcible Fondling	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Incest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Statutory Rape	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Robbery	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Aggravated Assault	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Burglary	0	0	0	n/a	1	0	0	n/a	3	0	0	n/a
Motor Vehicle Theft	0	0	0	n/a	3	0	0	n/a	0	0	0	n/a
Arson	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Arrest												
Liquor Arrest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Drug Arrest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Weapon Arrest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Referrals												
Liquor Referral	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Drug Referral	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Weapon Referral	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
VAWA												
Domestic Violence	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Dating Violence	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Stalking/Harassment	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a
Unfounded Crimes												
Total Unfounded Crimes	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a

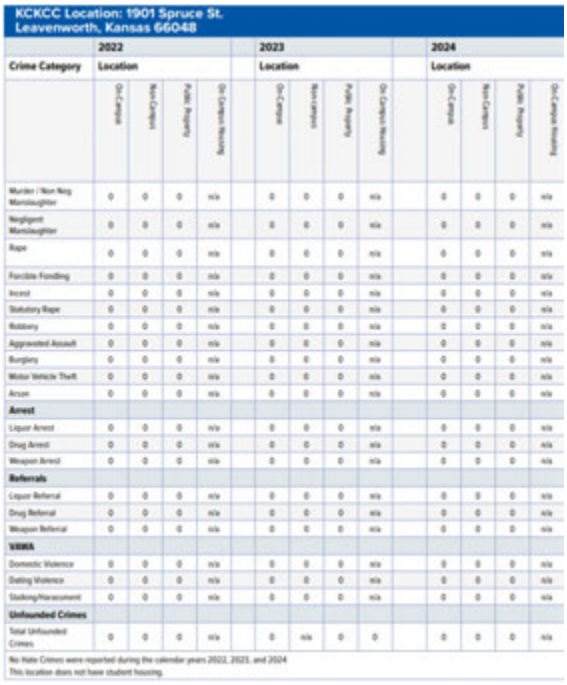
No Hate Crimes were reported during the calendar years 2022, 2023, and 2024
This location does not have student housing.

Table 2: Technical Education Center
https://www.kckcc.edu/files/docs/safety/annual-security-fire-safety-report.pdf#page=34



KCKCC Location: 6736 State Ave. Kansas City, Kansas 66109													
	2022				2023				2024				
Crime Category	Location				Location				Location				
	On-Campus	Non-Campus	Public Property	On-Campus Housing	On-Campus	Non-campus	Public Property	On-Campus Housing	On-Campus	Non-Campus	Public Property	On-Campus Housing	
Murder / Non-Neg Manslaughter	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Negligent Manslaughter	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Rape	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Forcible Fondling	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Incest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Statutory Rape	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Robbery	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Aggravated Assault	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Burglary	1	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Motor Vehicle Theft	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Arson	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Arrest													
Liquor Arrest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Drug Arrest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Weapon Arrest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Referrals													
Liquor Referral	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Drug Referral	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Weapon Referral	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
VAWA													
Domestic Violence	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Dating Violence	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Stalking/Harassment	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Unfounded Crimes													
Total Unfounded Crimes	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
No Hate Crimes were reported during the calendar years 2022, 2023, and 2024 This location does not have student housing.													

Table 3: TEC - Auto Technology Center | *https://www.kckcc.edu/files/docs/safety/annual-security-fire-safety-report.pdf#page=35*



KCKCC Location: 1901 Spruce St. Leavenworth, Kansas 66048													
	2022				2023				2024				
Crime Category	Location				Location				Location				
	On-Campus	Non-Campus	Public Property	On-Campus Housing	On-Campus	Non-Campus	Public Property	On-Campus Housing	On-Campus	Non-Campus	Public Property	On-Campus Housing	
Murder / Non-Neg Manslaughter	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Negligent Manslaughter	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Rape	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Forcible Fondling	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Incest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Statutory Rape	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Robbery	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Aggravated Assault	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Burglary	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Motor Vehicle Theft	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Arson	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Arrest													
Liquor Arrest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Drug Arrest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Weapon Arrest	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Referrals													
Liquor Referral	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Drug Referral	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Weapon Referral	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
VAWA													
Domestic Violence	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Dating Violence	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Stalking/Harassment	0	0	0	n/a	0	0	0	n/a	0	0	0	n/a	
Unfounded Crimes													
Total Unfounded Crimes	0	0	0	n/a	0	n/a	0	0	0	0	0	n/a	
No Hate Crimes were reported during the calendar years 2022, 2023, and 2024 This location does not have student housing.													

Table 4: Pioneer Career Center | *https://www.kckcc.edu/files/docs/safety/annual-security-fire-safety-report.pdf#page=36*

APPENDIX C

DISTRIBUTION OF PREVENTION PUBLICATIONS 2024-2026

- Rethinking Drinking: Alcohol and Your Health - USDHHS
- Breaking Free from Smoking Addiction - Channing Bete
- Quitting for Life: A Self-Care Handbook- Channing Bete
- Smoking: Medicines to Help You Quit - FDA Office of Women's Health
- Sobriety, Making the Change. - Kansas City AA Central Office
- Drunk Driving Is it worth it? - KDOT
- Conducir Ebrio Vale la pena?? - KDOT
- Underage Drinking Adult Consequences - KDOT
- Meno res Alcohol Consecuencias Mayores - KDOT
- The Facts about Fentanyl - CDC
- Ecstasy Fast Facts - NDIC/DOJC/DOJ
- Vaping -What You Should Know- KDHE
- El Vapeo- Lo Que Usted Debe Saber - KDHE

APPENDIX D

PREVENTION PROGRAMMING MEDIA

Fall 2024

- Red Ribbon Tabling Event
- KCKCC MythBusters

Spring 2025

- National Drug and Alcohol Facts Week Tabling Event
- Student Senate Engagement

Fall 2025

- Red Ribbon Tabling Event Community Health Fair Tabling Event
- National Recovery Month Social Media

Spring 2026

- Safe St. Paddy's Day Event
- National Drug and Alcohol Facts Week Social Media




Don't Let Your Mind
Get Twisted By Drugs
Students who are drug free have:
Better Grades
Better Relationships
Better Health Outcomes
More Control Over Life
And are more likely to Graduate!
Using Marijuana and Alcohol results in Lower GPA's
and
Poor class attendance
You can be Drug Free!
Talk with a KCKCC counselor confidentially for support.
(913) 288-7640
BE Kind TO YOUR mind
Live Drug Free.
Don't Let Your Mind
Get Twisted By Drugs
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and
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Talk with a KCKCC counselor confidentially for support.
(913) 288-7640
BE Kind TO YOUR mind
Live Drug Free.

MYTHBUSTERS

MYTH

So I've had too much to drink but my friend is taking care of me.

I'll be just fine, RIGHT?



BUSTED

SUPER GOLD STAR for your friend for recognizing you need help. However, in extreme situations, professional medical care is necessary.

Your body continues to absorb alcohol, increasing your Blood Alcohol levels long after you consume a drink. While you may look fine, you will continue to become increasingly intoxicated after you stop drinking.

Signs of alcohol poisoning:

- Unconscious/semi-conscious
- Vomiting while sleeping or passed out
- Skin is cold, clammy, pale or bluish
- Nonresponsive to their name or to pinching their skin
- Their breathing is slow (less than 8-9 breaths per minute) or irregular (10 seconds or more between breaths)
- Their heart is beating irregularly or stops completely.

If they are worried at all that you may have alcohol poisoning, they should call 911 or take you to the Emergency Room.

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371

MYTHBUSTERS

MYTH

If I'm planning on drinking a lot tonight, I should EAT LESS or NOT EAT AT ALL so I can save my calories for alcohol. I don't want to gain any EXTRA WEIGHT.



BUSTED

"Drunkorexia" is a form of disordered eating. It's when calories from food are restricted in order to allow for calories from binge drinking.

Both men and women may become "drunkorexic" if they are cutting down food costs to save money for alcohol or lower caloric intake in order to get buzzed faster.

Of most students who restrict calories prior to alcohol use, **67% do so to prevent weight gain and 21% to get drunk more quickly** (Osborne et al., 2011).

Drinking on an empty stomach allows alcohol to get into your body's blood stream faster, which can lead to increased risks for brain impairments (blackouts) and other negative health and behavioral consequences.

If you worry about weight gain, take safer approaches to control your calorie intake:

- Alternate between alcoholic beverages and non-alcoholic beverages, such as water or other non-alcoholic low calorie beverages.
- Plan your alcohol consumption into your daily caloric intake by eating healthy meals, NOT by skipping meals.
- Eat a meal high in protein and fat before consuming alcohol in order to line the stomach and slow the absorption of alcohol.

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371

MYTHBUSTERS

MYTH

Beer before liquor... never been sicker.



BUSTED

There is no evidence that drinking any type of hard alcohol after beer will have any negative effect. Instead, the negative effect depends on the amount of alcohol consumed, regardless of what form it is in.

Standard drink size:

12-ounce can or bottle of beer
4-5 ounce glass of dinner wine
1-1.5 ounce shot of liquor

Choosing beverages with **alcohol contents that you know** is an important part of alcohol responsibility. After all, "A drink is a drink is a drink. It's all the same to a breathalyzer." Consuming no more than one (1) standard drink an hour is a general safety guideline, however even at that level, **individuals may become too drunk to drive.**

Data taken from 2006 Wellness Survey, N = 1,569. *Hanson, D.J. "Beer Before Liquor, Never Been Sicker." http://www2.potsdam.edu

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371

MYTHBUSTERS

MYTH

Only people who are completely drunk and drive home get DUI's.

I'll be ok if I've had only had one drink per hour...



BUSTED

Many factors affect Blood Alcohol Concentration (BAC) levels, which can lead to a DUI. The legal BAC limit is .08%, but for persons under 21, the legal BAC is .02%.

Factors that affect how quickly your body metabolizes alcohol:

- Body weight and muscle mass
- Amount of alcohol in drinks
- Gender (women metabolize drinks slower than men)
- Eating foods high in protein and fat prior to drinking slows metabolizing alcohol

The amount of sleep you've been getting will also factor in to your ability to drive safely after drinking.

For example:
If a 120 lb. woman has 5 drinks (in the form of 12 oz. beers, 4 oz. of wine or 1 oz. shots), and waits 5 hours to drive, her BAC is still .107, well over the legal limit.

Learn more about your BAC here:
dui.drivinglaws.org

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371

MYTHBUSTERS

MYTH

I can't get addicted to cigarettes if I only SMOKE when I'm PARTYING...



BUSTED

Duh?

It can take as few as three (3) cigarettes to begin craving nicotine.

What does that mean? It means that when nicotine enters your bloodstream it can very quickly change your brain chemistry. Approximately 2000 people in the US begin smoking each day!!!! Nicotine is a highly addictive drug.

Luckily, KCKCC offers free counseling, support and information about how to quit smoking.

If you would like to learn more about how tobacco affects your, life you can visit www.kanquit.org/.

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371

MYTHBUSTERS

MYTH

MY CHOICE TO USE TOBACCO DOESN'T AFFECT ANYONE ELSE.





BUSTED

A US study found that almost 3/4 of youth, age 13-17, laboring in tobacco fields on farms in the US experienced symptoms of green tobacco sickness.

-Human Rights Watch, Tobacco's Hidden Children hrw.org/report

Bottom Line

Tobacco use has negative effects on a multitude of people. Exposure to second-hand smoke can be as dangerous as smoking for both adults and children alike. A few of the harmful effects of secondhand smoke for children include:

- Ear infections and asthma
- Respiratory problems such as coughing, sneezing, shortness of breath, bronchitis and pneumonia
- Increased risk of SIDS (Sudden Infant Death Syndrome)

In adults include:

- Heart disease and stroke
- Lung Cancer

For more information, visit the KCKCC Counseling and Advocacy Center or **www.kanquit.org/**

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371

MYTHBUSTERS

MYTH

It's not like I'm hurting anyone by smoking in my *own* car on the college campus!!!



BUSTED

WRONG...

On July 1, 2015, KCKCC's smoking policy changed, and the policy now prohibits smoking and the use of all forms of tobacco products and/or electronic cigarettes on College property.

By prohibiting smoking on campus, the college is making the health of all students, faculty and staff a priority. The US Surgeon General's Report states that there is no safe level of second-hand smoke, and that second -hand smoke still affects our lungs, even if we breathe it from someone who is smoking outside.

As a result, the college asks that for the health of all persons on campus, please follow the smoke free rules. For more information about this policy, go to the KCKCC website and click About KCKCC/Policies and Procedures.

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371

MYTHBUSTERS

MYTH

IT'S NO BIG DEAL IF I SEND A FEW TEXTS WHILE DRIVING.



BUSTED

Text messaging while driving can be just as dangerous as drunk driving.

Since 2011, it is illegal in the state of Kansas, as well as in many other states, to text message while driving.

- Distracted driving is a contributing cause of 10% of fatal crashes and 30% of total crashes
- Using your cell phone while driving makes you four times more likely to be involved a crash
- The reaction time of those who text message while driving decreases by 35% making it much more difficult to avoid a crash
- Texters are much more prone to drift out of their lane and their steering control is 91% poorer than that of other drivers
- Texting while driving can be just as dangerous as drinking and driving!

Put down your cell phone while driving!

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371

MYTHBUSTERS

MYTH

Using marijuana doesn't have a negative effect my driving.

I'm a safer driver when I'm high because I am chill.

WEED IS OK BEHIND THE WHEEL.



BUSTED



Using Cannabis increases the likelihood of being involved in an automobile accident by 300%.

Marijuana impairs driving skills in the following ways:

- It slows down thinking and reaction time
- Reduces concentration
- Impairs judgement
- Reduces coordination, increasing start and stop times.

Drivers who are involved in accidents who have cannabis in their blood stream are seven (7) times more likely to be *responsible* for causing the accident than those not using cannabis.

Some drivers think driving while high does not effect them and that marijuana has less negative impact on driving than alcohol.

- One study showed that drivers under the influence of marijuana were twice as likely to be responsible for a crash that caused a fatality.

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371

MYTHBUSTERS

MYTH

Marijuana is a safe drug.

IT WON'T HURT ME IF I ONLY USE IT ONCE IN A WHILE.

Weed is legal some places so it must not be a bad thing.



BUSTED

UH, NOPE!

Marijuana use during early adulthood can damage the part of the brain associated with learning and memory.

Smoking cannabis can lead to bronchitis, asthma and emphysema.

Marijuana affects learning!
Research shows college students report the more frequently they use marijuana:

- The lower their overall GPA will be
- They miss class more frequently
- They feel less motivated to study
- They take longer to graduate

It is well documented that use of Marijuana has a negative effect on attention and memory, both short and long term.

- The high potency THC in some marijuana can to produce psychotic symptoms, such as paranoia, delusions and hallucinations. This can happen the very first time you use marijuana.

WANT MORE INFORMATION?

Please stop by the Counseling & Advocacy Office, Upper Jewell Rm 3371



Drug Free Schools and Communities Committee Presents:

National Drug and Alcohol Facts Week

Come to our table to learn how to prevent overdose.

When: Tuesday and Wednesday, March 11 and 12 from 10 am to 12:30pm

Where: Outside the campus bookstore

Why: To save a life!

Experience Drunk Goggles --- Snacks provided --- Drawing for prizes

---

The Drug Free Schools and Communities Committee (DFSCA) is holding a tabling event on March 11 and 12 from 10am to 12:30pm outside the KCKCC bookstore. We are raising awareness to support National Drug and Alcohol Facts Week by sharing information with students at this tabling event. We will be having a drawing for prizes for students that come by the table and share the event on social media.

Would Student Senate be willing to support this effort by asking its clubs to share this event on their social media pages? Can senators encourage all students to have a safe spring break by adding this image to their own social media profiles?

Sober
LIFE ROCKS


LIFE IS A
PUZZLE
SOLVE IT
DRUG
FREE
RED RIBBON WEEK® OCTOBER 23-31
WWW.REDRIBBON.ORG
The Drug Free Schools and Communities Committee is hosting a tabling event for
RED RIBBON WEEK
Wednesday, October 29th from 10am to 12:30pm in the Deli.
Free snacks! Giveaways! Drunk Goggle Experience with KCKPD.
Get a red ribbon at the table to show you live a drug free life.


COMMUNITY HEALTH FAIR
WEDNESDAY, OCTOBER 8
9 a.m. to 2 p.m.
KCKCC MAIN CAMPUS
UPPER JEWELL
Open to students, families, friends, neighbors – all ages.
Kansas City Kansas Community College. KCKCC.EDU
Free Flu Vaccines
Free Dental Cleanings
Free A1C Screenings
Free Blood Pressure Checks
Free Testing for HIV & STI
Giveaways
And more!

C Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?
R Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?
A Do you ever use alcohol or drugs while you are by yourself, or ALONE?
F Do you ever FORGET things you did while using alcohol or drugs?
F Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?
T Have you ever gotten into TROUBLE while you were using alcohol or drugs?
TWO or more yes answers indicate you are at risk for a substance use disorder.

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T Have you ever gotten into TROUBLE while you were using alcohol or drugs?
TWO or more yes answers indicate you are at risk for a substance use disorder.

Alcohol poisoning

Common symptoms of alcohol poisoning can include:



Confusion and slowed responses.



Lack of coordination.



Difficulty remaining conscious.



Vomiting.



irregular or slow breathing.



Slow heart rate.



Incontinence.



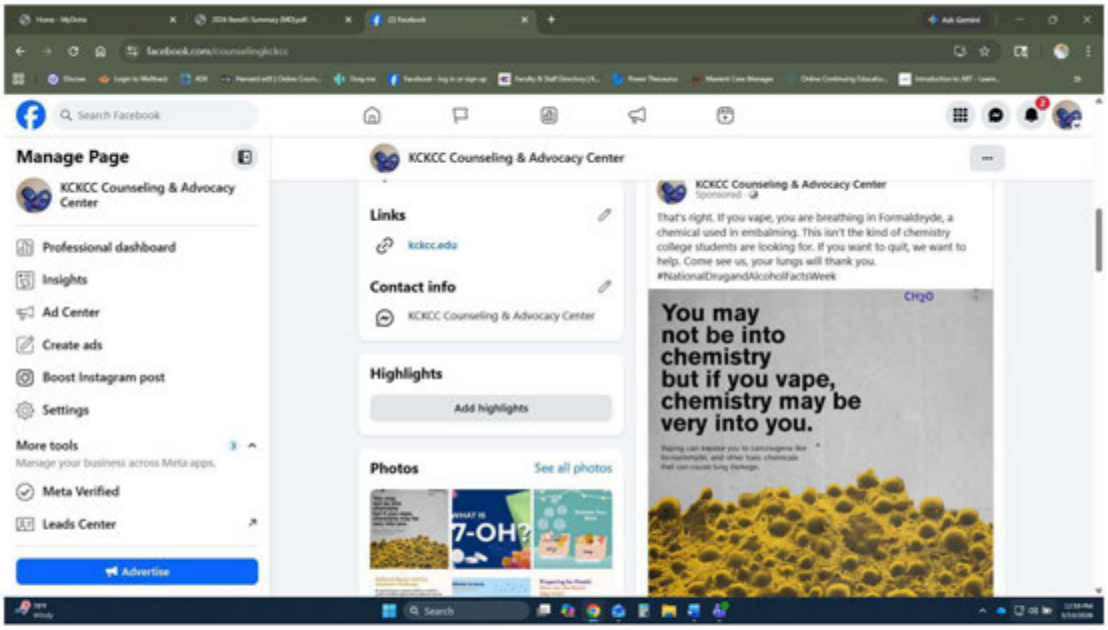
Cold, clammy or bluish-colored skin.

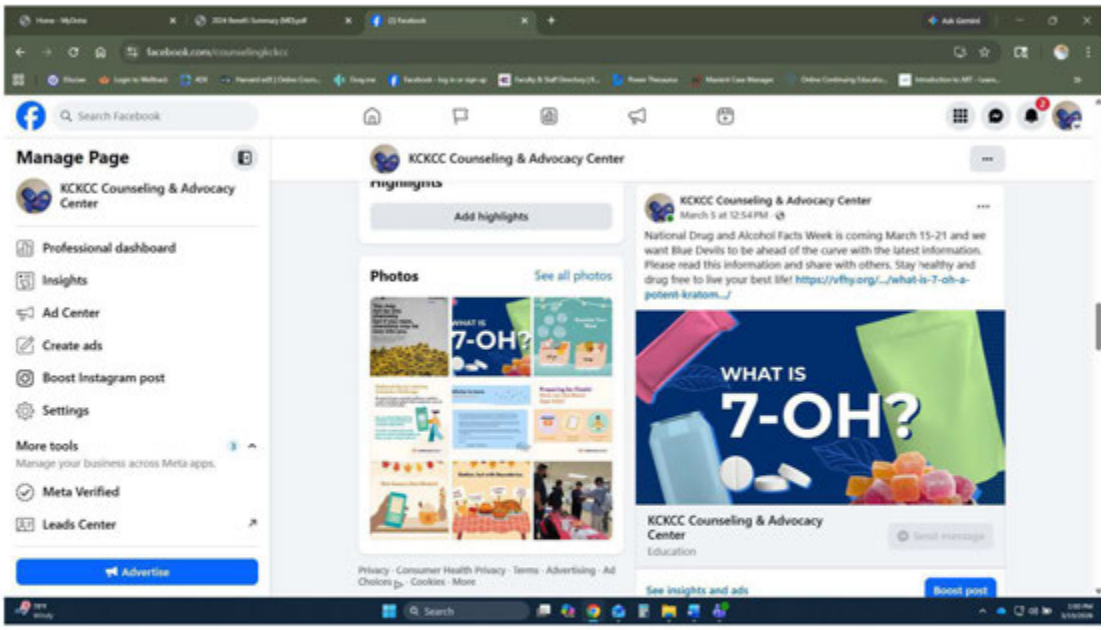


Low body temperature.

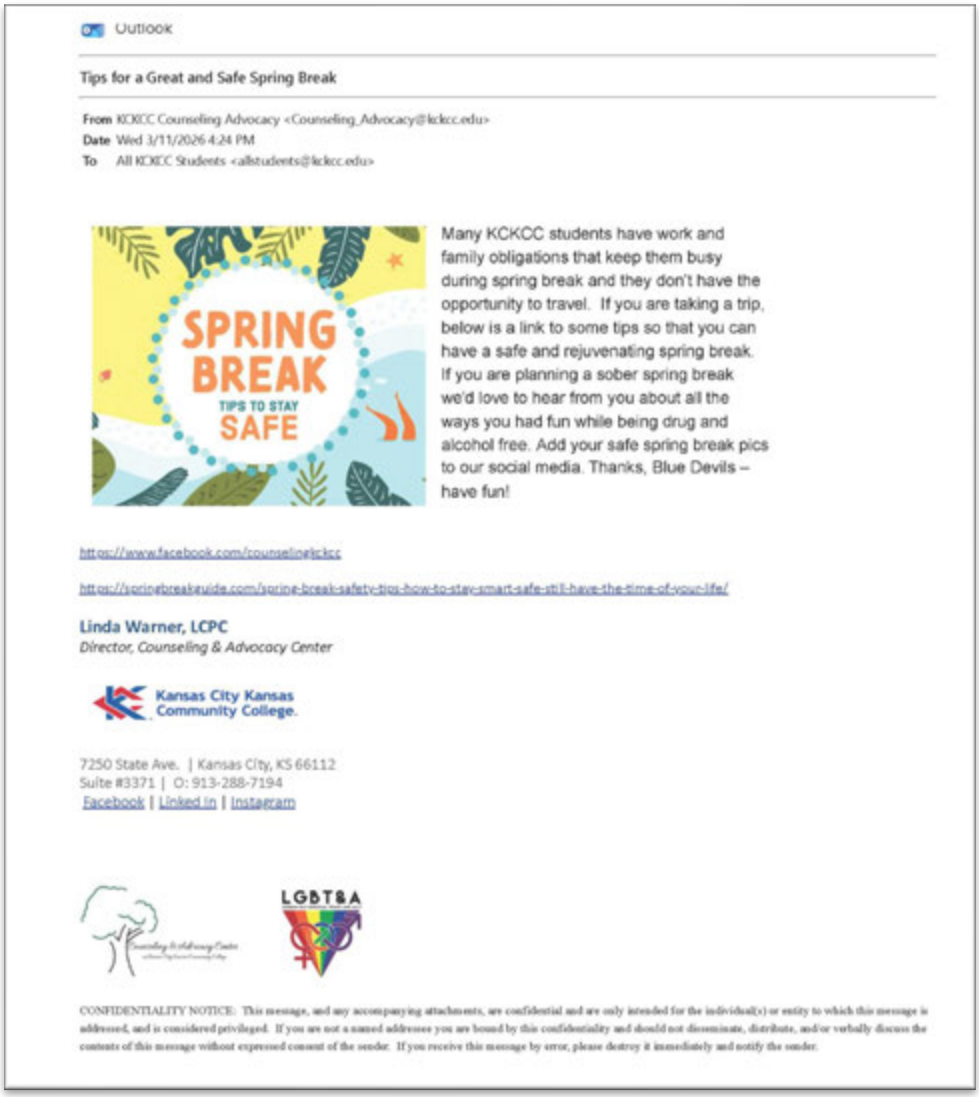

September is National Recovery Month.
Take the Adult Alcohol Use Assessment (AUDIT) on your Boost App to identify patterns of drinking that can cause potentially serious problems in your work, relationships, mental health, or physical health.
Resources for substance abuse are available.
welltrack boost


Student Engagement, Student Housing, Campus Police, & Counseling and Advocacy Present
ALCOHOL AWARENESS
SAFE
PATTY'S DAY
MONDAY, MARCH 9 | 6-8PM
CENTENNIAL HALL
GAME ROOM
DJ, PHOTO BOOTH,
DRUNK GOGGLES,
MOCKTAILS, FOOD
Kansas City Kansas
Community College.


Manage Page
KCKCC Counseling & Advocacy Center
Professional dashboard
Insights
Ad Center
Create ads
Boost Instagram post
Settings
More tools
Meta Verified
Leads Center
Advertise
KCKCC Counseling & Advocacy Center
Links
kckcc.edu
Contact info
KCKCC Counseling & Advocacy Center
Highlights
Add highlights
Photos
See all photos
KCKCC Counseling & Advocacy Center
That's right. If you vape, you are breathing in Formaldeyde, a chemical used in embalming. This isn't the kind of chemistry college students are looking for. If you want to quit, we want to help. Come see us, your lungs will thank you.
#NationalDrugandAlcoholFactsWeek
You may not be into chemistry but if you vape, chemistry may be very into you.


Manage Page
KCKCC Counseling & Advocacy Center
Professional dashboard
Insights
Ad Center
Create ads
Boost Instagram post
Settings
More tools
Meta Verified
Leads Center
Advertise
KCKCC Counseling & Advocacy Center
Add highlights
Photos
See all photos
KCKCC Counseling & Advocacy Center
March 5 at 12:54 PM
National Drug and Alcohol Facts Week is coming March 15-21 and we want Blue Devils to be ahead of the curve with the latest information. Please read this information and share with others. Stay healthy and drug free to live your best life!
WHAT IS
7-OH?
KCKCC Counseling & Advocacy Center
Education
See insights and ads
Boost post

EMAIL



Outlook

Tips for a Great and Safe Spring Break

From KCKCC Counseling Advocacy <Counseling_Advocacy@kckcc.edu>
Date Wed 3/11/2026 4:24 PM
To All KCKCC Students <allstudents@kckcc.edu>

Many KCKCC students have work and family obligations that keep them busy during spring break and they don't have the opportunity to travel. If you are taking a trip, below is a link to some tips so that you can have a safe and rejuvenating spring break. If you are planning a sober spring break we'd love to hear from you about all the ways you had fun while being drug and alcohol free. Add your safe spring break pics to our social media. Thanks, Blue Devils – have fun!

https://www.facebook.com/counselingkckcc

https://springbreakguide.com/spring-break-safety-tips-how-to-stay-smart-safe-still-have-the-time-of-your-life/

Linda Warner, LCPC
Director, Counseling & Advocacy Center

Kansas City Kansas Community College.

7250 State Ave. | Kansas City, KS 66112
Suite #3371 | O: 913-288-7194
Facebook | Linked In | Instagram

LGBT&A

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Content

Subject: Tips for a Great and Safe Spring Break

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Linda Warner, LCPC
Director, Counseling & Advocacy Center
Kansas City Kansas Community College.
7250 State Ave. | Kansas City, KS 66112 Suite #3371 | O: 913-288-7194

APPENDIX E

3RD MILLENNIUM CLASSROOMS ALCOHOL AND CANNABIS TRAINING

Pre and Post Test Scores Outcomes

Alcohol Wise 2024 (110)		
Improved	Same	Decline
50	19	11

Alcohol Wise 2025 (150)		
Improved	Same	Decline
110	32	8

Cannabis 2024 (107)		
Improved	Same	Decline
85	14	8

Cannabis 2025 (150)		
Improved	Same	Decline
122	13	15

Pre and Post Test Scores Averages

AW24		AW25	
Pre	Post	Pre	Post
64%	81%	63%	80%

CAN24		CAN25	
Pre	Post	Pre	Post
55%	77%	64%	81%