



Kansas City Kansas Community College's Blue Devils Comeback Plan requires that employees, students and visitor to have their temperature checked prior to entering the building. You are receiving this handout because you have a temperature above 100°F and are unable to be on college property. Review below for next steps and additional information. If you have any questions or concerns, contact the college nurse at 913-288-7683.

### **What are my next steps?**

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1. We encourage you to contact your health professional for further guidance
2. You will be contacted by the College nurse as a follow up.
3. You may return to campus when you are symptom free for 72 hours with no fever reduction medicines and 10 days from onset of symptoms **or** can produce a negative COVID-19 test
4. If you are tested for COVID -19 and test positive, you will be required to contact the Campus Nurse to advise of your positive test results. You will not be allowed to return to campus until you are able to produce a negative test result for COVID-19
5. Wyandotte County residents should report their symptoms online at [www.wycokck.org/COVID-19](http://www.wycokck.org/COVID-19)

### **What is COVID-19?**

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Coronavirus disease 2019 (COVID-19) is a respiratory illness that spreads easily from person to person. It is more serious than other respiratory illness, like seasonal flu.

### **What are the symptoms of COVID-19?**

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Fever	Muscle Aches
Dry Cough	Runny Nose
Shortness of Breath	Sore Throat
Headache	Diarrhea
Chills	Loss of smell and taste

### **Where can I get tested?**

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Wyandotte residents that have at least two symptoms can get tested at  
UG Public Health Department  
619 Ann Ave, KCK, 66101  
Monday - Friday, 1 - 5 PM

Pop-up testing is available throughout Kansas City Kansas. Call 913-371-9298 for more information. If you are not a Wyandotte County resident, please check with your state and local health departments to obtain information about testing.

**Note:** KCKCC is not responsible for any costs incurred related to testing procedures.

## **What else can I do if I have symptoms of COVID-19?**

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### **For people with medical conditions and older adults**

- Older adults and people of any age with medical conditions like lung disease, heart disease, or diabetes are at higher risk for developing more serious complications from COVID-19 and should seek care as soon as symptoms start.

### **Stay home except to get medical care.**

- People who are mildly ill are able to isolate at home. Rest, stay hydrated and monitor your symptoms carefully. If your symptoms get worse, seek medical care. Call before you go to prevent others from being exposed.

### **Separate yourself from other people in your home.**

- Stay in a specific room away from others and use a separate bathroom if you can. Do not share personal household items. Wear a mask and maintain 6ft. distance if you need to interact with others.

### **Wash your hands often & avoid touching your face.**

- Wash frequently with soap and water for at least 20 seconds, especially after blowing your nose, coughing or sneezing, and before eating or preparing food. If soap and water aren't available, use a hand sanitizer with at least 60% alcohol. Avoid touching your face.

### **Designate someone to clean high-touch surfaces every day.**

- Clean counters, tabletops, doorknobs, bathroom fixtures, phones, keyboards, and bedside tables. Use diluted bleach solutions (4 teaspoons per quart of water), alcohol solutions with at least 70% alcohol or most common EPA-registered household disinfectants.

We apologize that we were not able to serve you in person today. We encourage you to take advantage of our remote/online services by making a virtual appointment with the appropriate office. Please refer to the link to make appointments.

<https://www.kckcc.edu/communications/covid19/covid19-contact.html>